

FOSTERING

Handbooks, guides, training materials, children's picture books and more

Resources for foster care
social workers and managers,
carers, panel members,
children in foster care and
young people leaving
foster care

Published by
CoramBAAF Adoption and Fostering Academy
41 Brunswick Square
London WC1N 1AZ

www.corambaaf.org.uk

Coram Academy Limited, registered as a company limited by guarantee in England and Wales number 9697712, part of the Coram group, charity number 312278



Contents

FOR PROFESSIONALS AND PRACTITIONERS	3
Essential reading	3
Good Practice Guides	4
Guides for panel members	5
Ten Top Tips series	6
On child care law	7
Guides on assessment	8
On direct work with children	9
On attachment	10
On contact	11
On child protection	11
On education	12
On health	12
On unaccompanied asylum-seeking children and young people	13
Studies and research	14
Training resources	15
Practice notes	16
Social and health assessment forms – licence agreement	16
FOR CHILDREN AND YOUNG PEOPLE	17
Picture books and stories	17
The Dennis Duckling series	18
Understanding health conditions	18
Guides for children	19
Books for teenagers	19
Interactive resources	20
FOR PARENTS AND CARERS	21
Handbooks, guides and real life stories	21
Real life stories	21
Parenting Matters series	22
Advice notes	23
FOSTERING WORKSHOPS AND COURSES	24

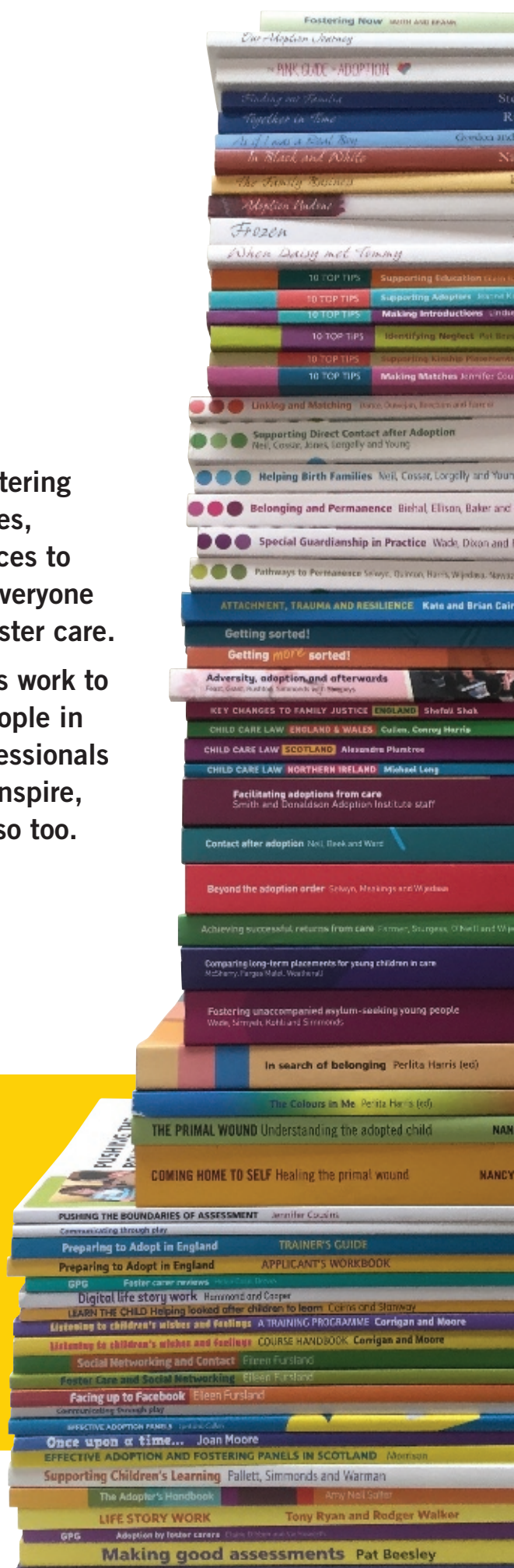
Informing, educating, inspiring

Welcome to CoramBAAF's latest catalogue of fostering titles. Handbooks for foster carers, practice guides, academic studies, training materials, and resources to use with children – there is something here for everyone interested in or working to support children in foster care.

Our publications play a vital role in CoramBAAF's work to improve the outcomes for children and young people in care by supporting the carers, agencies and professionals who work with them. We believe that our books inspire, inform and educate and we hope that you think so too.

CoramBAAF publications play an outstanding role in promoting the success of fostering and adoption. The wide range of excellent books include first class practice guides, essential updates on key topics such as the law, health and education, and moving and inspiring real life stories from foster and adoptive parents as well as young people.

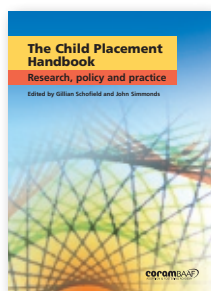
Professor Gillian Schofield, Centre for Research on Children and Families, University of East Anglia



FOR PROFESSIONALS AND PRACTITIONERS

Essential reading

A collection of seminal handbooks and anthologies that have become essential and authoritative reference books. A must for your shelf!

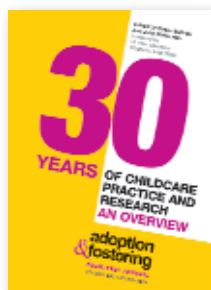


★ **BESTSELLER**

The child placement handbook

This authoritative collection captures a wealth of knowledge and wisdom across diverse child placement issues. From the impact of abuse and neglect prior to placement through the range of permanence options to the challenges of providing support for the transition to adulthood, each chapter offers an overview and analysis of the research evidence and its relevance for practice. This is an invaluable compilation of chapters on key aspects of child placement, written by renowned and leading academics and practitioners.

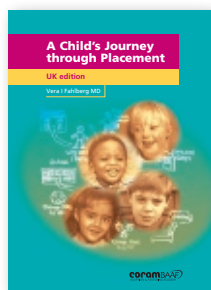
£24.95 2009
ISBN 978 1 905664 46 7



30 years of childcare practice and research – an overview

Eighteen leading figures in the field of adoption and fostering contribute to this special edition of CoramBAAF's acclaimed journal. They reflect on what has been achieved in family placement in the last three decades and also consider some of the many challenges that remain. Themes discussed include: contact; the evolution of developmental psychology; the importance of recognising children's family and social relationships through to adulthood; assessment; and listening to children.

£12.95 2010
ISBN 978 1 907585 07 4

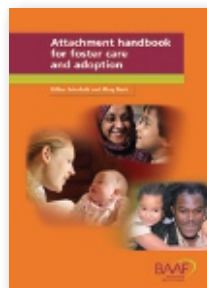


★ **BESTSELLER**

A child's journey through placement

Clear, informative and full of practical ideas and case examples, this is an essential reference book. It contains the theoretical knowledge base and skills necessary for understanding, working with, and planning for children and their families. The author, Vera Fahlberg, building on her considerable experience and practice wisdom, presents informative and comprehensive sections on attachment, separation, child development and helping children move on.

£23.50 1994
ISBN 1 873868 13 3



★ **BESTSELLER**

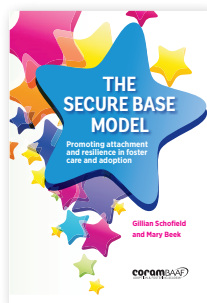
Attachment handbook for foster care and adoption

This comprehensive and authoritative book provides an accessible account of core attachment concepts. It traces the pathways of secure and insecure patterns from birth to adulthood, exploring the impact of past experiences of abuse, neglect and separation on children's behaviour. It then explains, from an attachment perspective, the dimensions of parenting that are associated with helping children to feel more secure and to fulfil their potential. Finally, it tackles the key role that "keeping attachment in mind" can play in a range of areas of family placement practice.

£24.95 2006
ISBN 978 1 903699 96 6

An excellent book written by very experienced authors. What I particularly liked is how each chapter gives particular reference to its subject and the relevance to each of the age groups. I highly recommend this book to all foster carers, adopters and all those who care for or work with children.

Cath Hall, www.adoption-net.co.uk

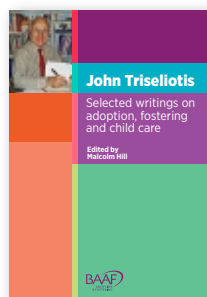


★ **BESTSELLER**

The secure base model

The Secure Base model provides a valuable framework and a strengths-based approach for making sense of children's needs and behaviours and clearly sets out the dimensions of caregiving that can support children to thrive and fulfil their potential. This practical guide to the Secure Base is designed to support professionals involved in all aspects of fostering and adoption practice and will enable them to effectively promote attachment and resilience.

£16.95 2014
ISBN 978 1 907585 83 8



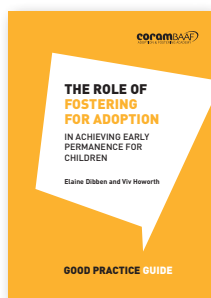
John Triseliotis: selected writings

John Triseliotis was a world-renowned expert on children raised by people other than their birth parents. The articles and book chapters in this collection are a tribute to his pioneering work. They reflect the full range of his long career and the breadth of subject matter he wrote about. Many of the issues he explored – including intercountry adoption, the support needs of carers and assessments of parenting – continue to be of vital significance today.

£14.95 2014
ISBN 978 1 907585 91 3

Good Practice Guides

CoramBAAF's Good Practice Guides are written by CoramBAAF's expert consultants, experienced practitioners and academics. They explore the legislative and policy framework, research findings and practice experience as regards each topic and use case studies to highlight practice dilemmas and good practice points.



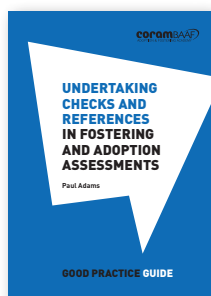
The role of Fostering for Adoption

Considers the potential for Fostering for Adoption in achieving early permanence for children. Identifies and shares a range of practice developed by local authorities and VAAs around England and Wales, and explores best practice in care planning and placement, managing the placement, and post-match considerations and support

£14.95

2017

ISBN: 978 1 910039 61 8



Undertaking checks and references in fostering and adoption assessments

Details the range of checks and references that must be undertaken in assessments (UK-wide) including criminal record checks, personal references and health assessments. Explains which checks are mandatory and which are advisable, set against the legislative requirements in the four UK countries.

£14.95

2017

ISBN 978 1 910039 59 5

It should make a welcome addition to any social work library, not just for those working in the field of adoption and fostering.

Eddie O'Hara, consultant independent social worker, *Seen and Heard*



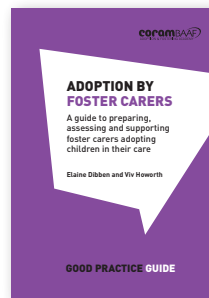
Access to information for adult care leavers

Aims to set out a protocol for dealing with Subject Access Requests in order to improve services for adult care leavers and establish greater consistency and quality practice across organisations. It includes: an overview of the legislative framework; guidance on providing the best possible service; issues and dilemmas related to sharing information; and tracing and intermediary services.

£14.95

2016 (2nd edition)

ISBN 978 1 910039 48 9



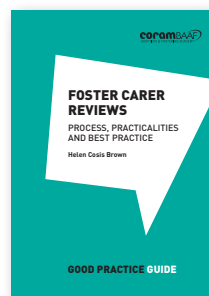
Adoption by foster carers

Explores the benefits and challenges of foster carers adopting children in their care. It explores: the legislative framework and research findings around foster carers adopting; how to prepare and assess foster carers to adopt; the matching process for children already in placement; effective adoption support for carer adopters; contact issues; and whether a carer adopter should continue to foster.

£13.95

2016

ISBN 978 1 910039 44 1



Foster carer reviews

Sets out the process and practicalities of reviewing foster carers. It covers: the legal mandate; learning from inquiry reports and serious case reviews; social work knowledge underpinning the assessment and review processes; setting up reviews and organising their administration; information gathering; the review meeting; and the relationship of foster carers' reviews to fostering panels.

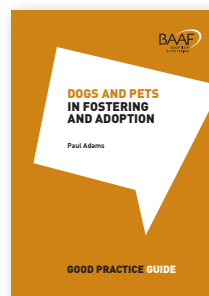
£12.95

2015 (2nd edition)

ISBN 978 1 910039 37 3

Should be compulsory reading for all reviewing officers... an invaluable handbook in helping to establish good, evidence-based practice in the conduct of foster carer reviews.

Chris Rivers, independent social worker and fostering reviewing officer, *Seen and Heard*



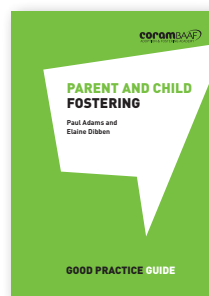
Dogs and pets in fostering and adoption

Provides a wealth of information and advice including: the relevance of breed; dogs and the law; the advantages and disadvantages of dog ownership; undertaking a dog assessment; ensuring that children and animals can live safely together; and key points to consider in matching, introductions and throughout placement.

£9.95

2015

ISBN 978 1 910039 25 0



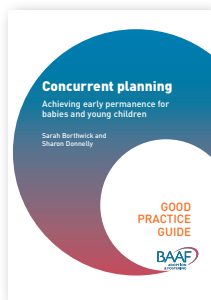
Parent and child fostering

Addresses the challenge of providing placements for adults with their children, usually in the context of care proceedings. It includes information on: the legal context of parent and child arrangements; messages from research and serious case reviews; types of parent and child fostering; assessment and approval; training and supporting foster carers; care and placement planning; assessing parents; and good enough parenting.

£14.95

2011

ISBN 978 1 907585 30 2



Concurrent planning

Considers how and why concurrent planning can be an important option for care planning. It examines: what concurrent planning entails; the historical and research background; the legal framework; how concurrent planning fits into care planning pathways; what should be considered when making a decision to place a child with concurrent carers; and the importance and practicalities of contact.

£14.95

ISBN 978 1 907585 80 7

2013



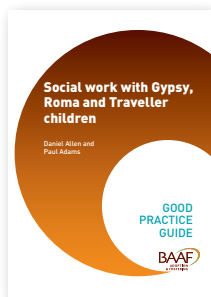
Dealing with disruption

Focuses on what happens when children who move into permanent adoption or fostering placements have to move again contrary to expectations. It examines: the factors leading to disruption; managing and chairing disruption meetings; the impact of disruption on all concerned; and moving on from disruption.

£9.95

ISBN 978 1 907585 53 1

2012 (2nd edition)



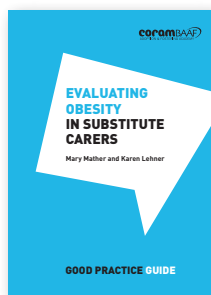
Social work with Gypsy, Roma and Traveller children

Aims to help practitioners to work effectively with Gypsy, Roma and Traveller communities, improve the outcomes for looked after children from these families, and help foster carers and adopters to provide the best placements for them. It explores: the legal and social policy context; culturally competent and anti-discriminatory casework; experiences of the care system; and placement issues.

£9.95

ISBN 978 1 907585 78 4

2013



Evaluating obesity in substitute carers

Provides advice and information on: measuring obesity in adults and children; the short- and long-term health risks; principles to bear in mind when assessing obese applicants; and the role of the health adviser in providing guidance. Includes case studies which illustrate the need to make balanced decisions.

Available as a PDF

ISBN 978 1 905664 93 1

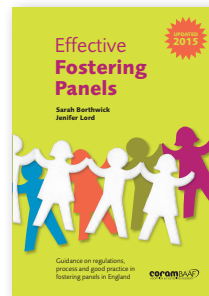
£3.30

2010

Only available as a pdf

M Available as a free download exclusively for CoramBAAF members at www.corambaaf.org.uk

Guides for panel members



Effective fostering panels (England)

This practical and comprehensive guide brings together the key messages in regulations, standards and inspections about fostering panels and offers good practice points to agencies in the operation of effective panels. It explores: how to establish a fostering panel; agency policy and practice; the children requiring foster care; considering the approval of foster carers; family and friends as foster carers; reviews, changes and terminations of approval; and monitoring and quality assurance.

£10.95

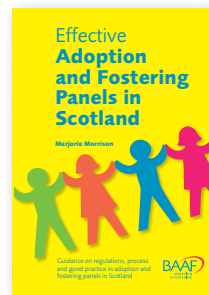
ISBN 978 1 910039 39 7

2015 (5th edition)

★ BESTSELLER

This is a characteristically workmanlike document which will doubtless become required reading for those directly involved in fostering panels. For established panel managers, this book will affirm existing good practice.

Karin Bell, *Community Care*



Effective adoption and fostering panels in Scotland

This is the first and only definitive guide for members of both adoption and fostering panels. Comprehensive in its approach, it offers information on: the purpose and function of panels; establishing and maintaining panels; agency policy and practice issues; families offering placements; considering the plan for the child; matching issues; and reviews and appeal reviews.

£15.95

ISBN 978 1 907585 85 2

2013

Thinking of joining a fostering panel?

Provides advice and information for anyone thinking about joining, or about to join, a fostering panel.

£2.50

ISBN 978 1 905664 88 7

2011

A guide to writing panel minutes

Helps panel minute-takers to meet statutory requirements and produce accurate and high quality minutes.

£2.50

ISBN 978 1 905664 90 0

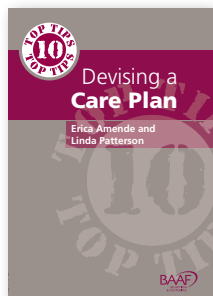
2011

M Available as free downloads exclusively for CoramBAAF members at www.corambaaf.org.uk

Be the first to know about new titles as soon as they are published: sign up to receive our free email alerts at www.corambaaf.org.uk/subscribe

Ten Top Tips series

The Ten Top Tips series tackles a range of fundamental topics, presenting each one in a quick reference format, and providing social workers with a framework for best practice in their day-to-day responsibilities.



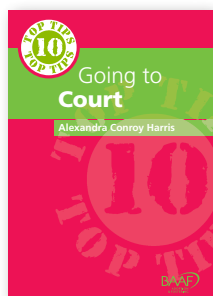
Devising a care plan

Considers some fundamental steps involved in devising a care plan. It explores the importance of tailoring the plan closely to the child; including their wishes and feelings; involving other adults; knowing when it's safe for the child to go home; and considering options such as care by relatives, fostering, adoption and residential care.

£8.95

ISBN 978 1 910039 28 1

2015



Going to court

Provides essential information and advice on preparing for and attending court. Subjects covered include: initiating proceedings; understanding the court basics; considering and preparing for the wide range of orders the court can make; working with lawyers and Guardians; presenting evidence and answering questions; and action planning and implementing decisions.

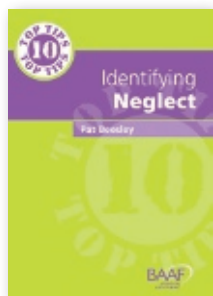
£8.95

ISBN 978 1 910039 16 8

2014

Provides clear, focussed advice... As well as being a useful resource for front line practitioners, the book would also assist team managers/trainers responsible for ensuring that their staff have been appropriately prepared for participation in the court process.

Jason Tucker, Reader in Law/Solicitor, Cardiff University, *Seen and Heard*



Identifying neglect

Helps workers to consider their role in identifying and responding to child neglect. It explores: understanding why parents neglect their children; the lessons to be learned from serious case reviews; and how best to intervene to improve children's lives.

£7.95

ISBN 978 1 907585 18 0

2011

**Don't forget to visit our website
www.corambaaf.org.uk/bookshop to see
all the latest special offers and discounts.**



Making introductions

Examines the purpose of introductions and how solid foundations can be laid for children to become fully integrated members of new families. It looks at: tailoring plans to the child's needs and ensuring he or she is properly prepared; ensuring the family is prepared for this particular child; planning introductions well whilst remaining flexible; and making introductions at the child's pace.

£7.95

ISBN 978 1 905664 66 5

2009



Managing contact

Looks at the positive steps that can be taken to ensure that contact between separated children and their birth relatives is a beneficial experience. Subjects covered include: the purpose of contact; how to keep memories alive; how to prepare children for contact; and how to prepare and support adopters, foster carers and birth families.

£7.95

ISBN 978 1 905664 20 7

2007



Placing disabled children

Addresses a range of key challenges, including: why and when do disabled children require permanent foster care or should they/could they be adopted?; how can suitable families be recruited and supported?; is it possible to work directly with all children, however seriously impaired?; and should a disabled child be separated from a sibling group?

£8.95

ISBN 978 1 910039 21 2

2015



Placing siblings

Explores the different principles involved in placing looked after brothers and sisters. Issues covered: keeping siblings together or helping them to part; listening to each child and getting to know the sibling group; using kinship care; recruiting and preparing families for specific sibling groups; and supporting siblings and families after placement.

£7.95

ISBN 978 1 905664 33 7

2008



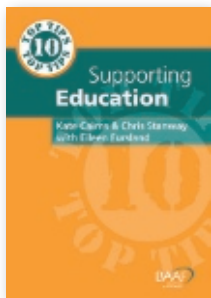
Preparing care leavers

Offers child-centred advice on: setting out to be a great corporate parent; having high aspirations for young people; helping care leavers achieve practical and budgeting skills for adult life; accessing housing and benefits; and supporting young people to live by themselves.

£7.95

ISBN 978 1 905664 30 6

2008



Supporting education

Explores the ways in which looked after children can be best supported to enable them to thrive and achieve their potential at school and beyond. Subjects covered include: assessing the impact of personal and family history on a child's education; getting to know and work with the carers; finding out about the school; forming relationships with key school staff members; facilitating links between carers and the school; and supporting the child through transitions.

£9.95 2013
ISBN 978 1 907585 71 5



Supporting kinship placements

Helps workers to recognise the challenges of kinship care and be better prepared to support kinship placements. It looks at some of the fundamental steps that can be taken to ensure that kinship care is as successful as possible for everyone involved. Issues covered include: working with the whole kinship network; recognising the challenges of contact in kinship care; and being aware of diversity and conflicts in the family.

£7.95 2009
ISBN 978 1 905664 69 6

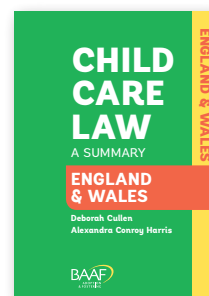


Fostering now

This compact reference book presents the law, regulations, standards and guidance relating to fostering in England today in easily digested bite-sized chunks. It draws together all current legislation and procedures, including the 2011 National Minimum Standards, as well as recent changes and new initiatives. The busy practitioner or foster carer will find this little compendium an invaluable guide and immense timesaver.

£8.95 2016 (3rd edition)
ISBN 978 1 910039 46 5

★ **BESTSELLER**



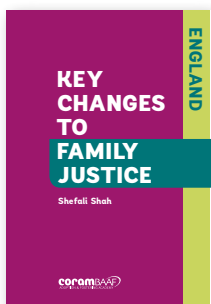
Child care law England and Wales

This quick reference guide provides an introduction to the main legal provisions for the care of children in England and Wales. It presents a summary of the main statutes, regulations and court rules and contains sections on: parents, parental responsibility and private family life; private arrangements; local authority responsibilities; child protection; reviews; representations, complaints and advocacy services for children; adoption; and the courts.

£9.95 2014 (6th edition)
ISBN 978 1 910039 22 9

On child care law

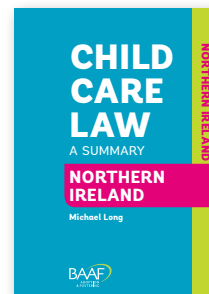
A selection of handy pocket books and quick reference guides to child care legislation in the UK.



Key changes to family justice (England)

This guide supports practitioners and professionals by detailing recent changes in the law and how these changes are being applied in practice. It covers many aspects of recent legislative changes including: the Family Justice Review; the Family Court; legal aid; the Children and Families Act 2014; the impact of *Re B* and *Re B-S*; adoption, Fostering for Adoption and concurrent planning; and Staying Put.

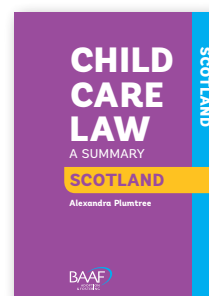
£9.95 2016
ISBN 978 1 910039 43 4



Child care law Northern Ireland

This quick reference guide presents a useful overview and accessible summary of the main legal provisions and principles affecting the law relating to child care in Northern Ireland. Including human rights; jurisdiction; principles applying to all Children Order cases; hearing the voice of the child; parental responsibility; the child at home; general duties of Health and Social Care Trusts; private law orders; the child in care; and adoption.

£7.95 2013
ISBN 978 1 907585 87 6



Child care law Scotland

This handy reference guide includes information on the Adoption and Children (Scotland) Act 2007, the Children's Hearings (Scotland) Act 2011 and the Children and Young People (Scotland) Act 2014. Chapters cover: the court system; parentage and parental responsibilities and rights; the Care Inspectorate; private arrangements; child protection; "looked after" children; fostering; permanence orders; the Children's Hearings system; domestic and foreign adoption.

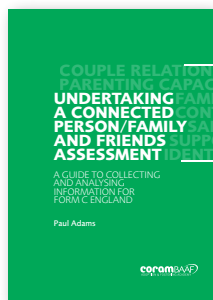
£9.95 2014
ISBN 978 1 907585 76 0

This book is clearly written, first and foremost, for local authority social workers. That said, it will undoubtedly prove useful to children's guardians, lawyers who want a concise overview and also lay people who are seeking a better understanding of the process.

Rodney Noon, *Seen and Heard*

Guides on assessment

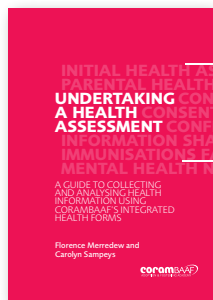
A series of accessible guides designed to help social workers manage and complete comprehensive evidence-based fostering assessments. To be used by assessing social workers in completing the relevant CoramBAAF assessment forms.



Undertaking a connected person/family and friends assessment

Designed to help social workers to manage and complete a comprehensive and evidence-based assessment of connected people/family and friends who wish to foster a known child or children. It is to be used by assessing social workers to complete this assessment using the CoramBAAF Form C for England.

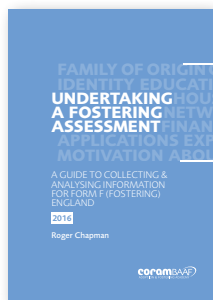
£9.95 2017
ISBN 978 1 910039 63 2



Undertaking a health assessment

Designed to help health practitioners to utilise the various health forms that contribute to a comprehensive evidence-based health assessments of looked after children, including those with an adoption plan, and prospective foster carers, adopters and kinship carers. Will help practitioners to collate and analyse health information to develop a health summary and recommendations.

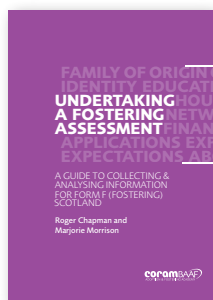
£10.95 2017
ISBN 978 1 910039 60 1



Undertaking a fostering assessment (England)

Designed to help social workers in England to manage and complete a comprehensive and evidence-based assessment of prospective applicants who want to foster a child or children. To be used to complete a Prospective Foster Carer's Report using the CoramBAAF Form F (Fostering).

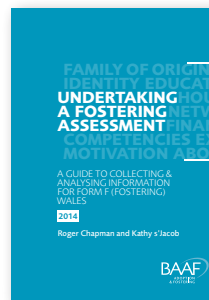
£11.95 2017 (4th edition)
ISBN 978 1 910039 55 7



Undertaking a fostering assessment (Scotland)

Designed to help social workers in Scotland manage and complete a comprehensive and evidence-based assessment of prospective applicants who want to foster a child or children. To be used to complete a Prospective Foster Carer's Report using the CoramBAAF Form F (Fostering).

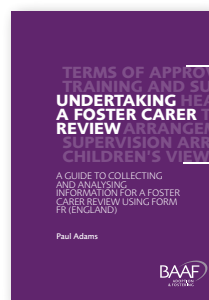
£8.95 2011
ISBN 978 1 907585 33 3



Undertaking a fostering assessment (Wales)

This guide is designed to help social workers in Wales to manage and complete a comprehensive and evidence-based assessment of prospective applicants who want to foster a child or children. It is to be used by assessing social workers to complete a Prospective Foster Carer's Report using the CoramBAAF Form F (for Wales).

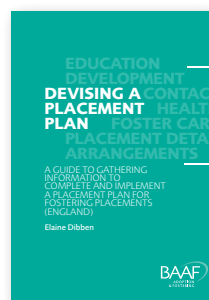
£9.95 2014
ISBN 978 1 910039 24 3



Undertaking a foster carer review

This guide will help supervising social workers in England to plan, conduct and complete a comprehensive and evidence-based review of foster carers using CoramBAAF's Form FR (England).

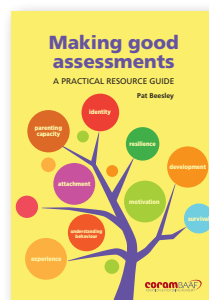
£9.95 2014
ISBN 978 1 910039 18 2



Devising a placement plan

This guide is designed to help users understand the process for completing the Placement Plan and how it links to the Care Plan, and the health and education plans required by the Care Planning, Placement and Case Review (England) Regulations 2010. It accompanies CoramBAAF's Placement Plan for Fostering Placements Form but can also be used independently.

£3.95 2012
ISBN 978 1 907585 57 9



Making good assessments

This practical resource guide will help agencies and family-finding services to develop their own assessment programmes. Eight clearly presented modules explore: attachment, loss and trauma; the motivation to parent and expectations of children; the impact on the family; resilience and survival; parenting capacity; identity and difference; contact and children's needs; the needs of children already in the family; and the particular issues arising from different groups. Each module includes articles and excerpts from experts and presents a range of imaginative exercises to be used with applicants and children.

£29.95 2015 (3rd edition)
ISBN 978 1 910039 30 4

★ **BESTSELLER**

Helps to highlight, and resolve, some of the practical tensions that practitioners and carers often face in the assessment process.

Lydia Brown, social work practitioner, Wakefield Metropolitan District Council, *Practice*

On direct work with children

Innovative and practical guides presenting creative and effective techniques, stories, dramatic play and more that can be used in undertaking direct work with children – play, life story work or other activities.



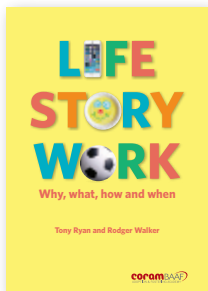
Direct work

This rich and comprehensive collection covers: direct work with children and young people in care; differing perspectives on the care experience; approaches to communication and engagement; direct work in context; and supporting the practitioner. It includes contributions from a diverse range of practitioners, researchers and educators, presenting a variety of perspectives.

£19.95

ISBN 978 1 905664 29 0

2008



Life story work

This practical guide presents a rich assortment of useful techniques and exercises to help children understand their past. Life story work can help children to accept what has happened to them and move forwards positively into the future with a structured and understandable way of talking about themselves.

£16.95

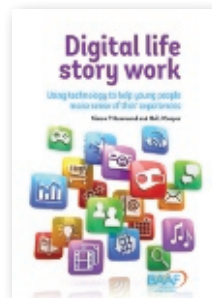
ISBN 978 1 910039 41 0

2016 (4th edition)

★ **BESTSELLER**

...an excellent practical guide. There are many illustrations, a user-friendly layout, clear text and headings and enough explanations of the underlying principles to keep the life story worker focused... The guide will be a central resource for those working directly with children, including social workers, adoptive parents and foster carers, residential workers and teachers.

Janet Ellera, Lancaster University, *Child and Family Social Work*



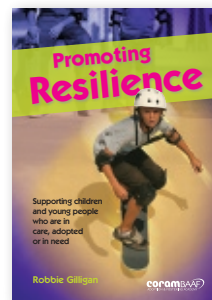
Digital life story work

This innovative guide brings the benefits of life story work to young people and adolescents. It describes how to use computers, free software, smartphones and camcorders in a range of contemporary and exciting ways. With a practical approach, it outlines a series of fun and engaging projects on which the practitioner and young person can work together, including photo collages, making soundtracks, creating cartoons, and filming guided walks.

£15.95

ISBN 978 1 907585 67 8

2013



Promoting resilience

This positive and practical book brings the concept of resilience alive in an imaginative and highly effective way. Illustrated with case examples throughout, *Promoting Resilience* provides a detailed exploration of the theory of resilience. It also contains clear and concise practice principles and guidelines for applying the concept of resilience to work with children in residential and foster care.

£14.95

ISBN 978 1 905664 13 9

2009 (2nd edition)



Once upon a time

Once upon a time explores how using story-telling and play in direct work with children can help both parents/carers and their children to build rapport and improve their relationship. The rich collection of stories, dramatic play and role play illustrates how to play with a child in an emotionally meaningful way, how to use stories to enhance understanding and how stimulating the child's imagination can enhance problem-solving skills and self-esteem.

£14.95

ISBN 978 1 907585 56 2

2012



Communicating through play

Social workers and foster carers helping to prepare children for permanence have a challenging task ahead of them. This guide offers a variety of verbal and non-verbal techniques that can assist adults to develop a large repertoire of approaches for assessing and preparing children for adoption, as well as for parenting on a day-to-day basis.

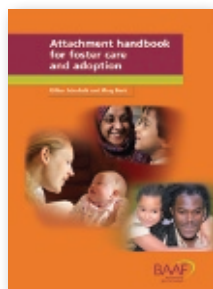
£11.95

ISBN 978 1 905664 65 8

2009

On attachment

An assortment of publications that draw upon attachment theory as well as personal and professional experience and provide pointers on attachment formation and helping children to feel more secure.

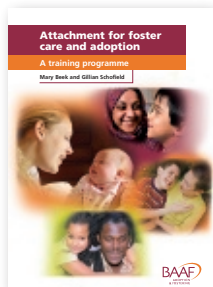


★ **BESTSELLER**

Attachment handbook for foster care and adoption

This comprehensive and authoritative book provides an accessible account of core attachment concepts. It traces the pathways of secure and insecure patterns from birth to adulthood, exploring the impact of past experiences of abuse, neglect and separation on children's behaviour. It then explains, from an attachment perspective, the dimensions of parenting that are associated with helping children to feel more secure and to fulfil their potential. Finally, it tackles the key role that "keeping attachment in mind" can play in a range of areas of family placement practice.

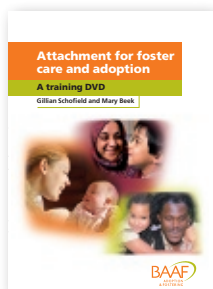
£24.95 2006
ISBN 978 1 903699 96 6



Attachment for foster care and adoption

This training programme provides adopters, foster carers and social work professionals with a framework for putting attachment theory into practice in their everyday caring and work with children. It begins with a module explaining core attachment concepts followed by five modules focusing on different dimensions of parenting and their developmental benefits for children. The emphasis is on the positive impact that foster care and adoptive parenting can have on even the most troubled children.

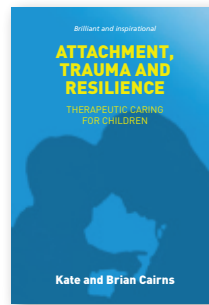
£35.00 2006
ISBN 978 1 903699 98 3



Attachment for foster care and adoption DVD

The DVD supports each module in the training programme. It includes sequences of parent-child interaction that help to explain attachment formation and concepts, and includes accounts by foster carers and adopters of their experiences of helping children as well as by young people who grew up in foster care and adoption of what they found helpful. An expert commentary makes connections between attachment theory and the daily care of children that can promote security and resilience.

Now £10.00 + £2.00 VAT (was £58.75) 2006



★ **BESTSELLER**

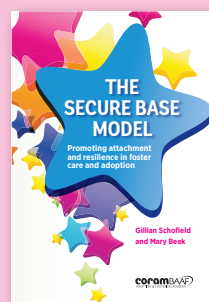
Attachment, trauma and resilience

In this remarkable book, Kate and Brian Cairns draw upon their personal and professional experience to offer an insight into the realities of family life with children who have lived through overwhelming stress. Vividly described scenarios show how they responded to the children's powerful feelings and difficult behaviours following their experiences of attachment difficulties, loss, abuse and trauma.

£15.95 2016 (2nd edition)
ISBN 978 1 910039 35 9

Anyone caring for or working with children separated from their families will find much here that's inspiring, illuminating and affirmative.

Fostering Strategy Group Newsletter, Devon Social Services

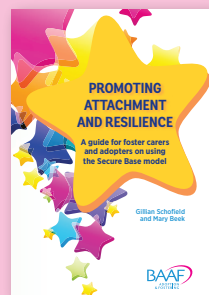


★ **BESTSELLER**

The secure base model

The Secure Base model provides a valuable framework and a strengths-based approach for making sense of children's needs and behaviours and clearly sets out the dimensions of caregiving that can support children to thrive and fulfil their potential. This practical guide to the Secure Base is designed to support professionals involved in all aspects of fostering and adoption practice and will enable them to effectively promote attachment and resilience.

£16.95 2014
ISBN 978 1 907585 83 8



Promoting attachment and resilience

This practical guide is designed to support foster carers and adopters in offering the best possible sensitive care for troubled children who have often experienced trauma and loss. Using the Secure Base model of caregiving, it provides a valuable framework and strengths-based approach for making sense of adopted children's needs and behaviours, and sets out the dimensions of caregiving that can support children to thrive and to fulfil their potential.

£12.95 2014
ISBN 978 1 910039 02 1

This practice guide explains and applies the latest thinking on the importance of family relationships for children's development to the world of foster care and adoption. Gillian Schofield and Mary Beek have not only developed an extremely elegant model of successful caregiving, they have also applied it with great skill and understanding to raising children who have been fostered and adopted.

David Howe, Emeritus Professor of Social Work, UEA

On contact



★ **BESTSELLER**

Social networking and contact

Explores the questions and concerns facing social workers, including: how can they be equipped for new challenges in the Facebook age?; what do they need to know about protecting privacy and security so that they can give advice to young people and their families?; and how can they manage the complex situations that arise from unauthorised and unmediated contact?

£14.95

ISBN 978 1 905664 97 9

2010



Foster care and social networking

Examines the challenges faced by all parties involved with fostered children and looks at how foster carers can help children make the most of the opportunities the internet can bring, while minimising online risks to themselves and their family. Also explores how social workers can help foster families to manage the complex situations that can arise from the use of social networking sites.

£14.95

ISBN 978 1 907585 14 2

2011



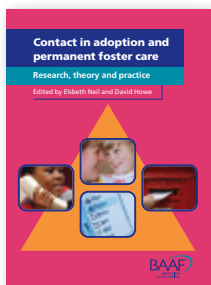
Social networking and you

This booklet for adopted and long-term fostered young people raises important questions about their use of social networking websites and offers practical advice on sharing information and staying safe online. It addresses concerns about unexpected contact with birth family members, talking things through with adoptive parents and tracing birth relatives.

£3.95

ISBN 978 1 907585 74 6

2013



Contact in adoption and permanent foster care

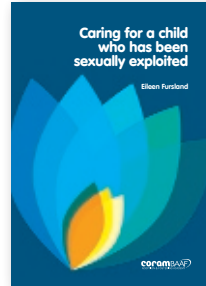
This book gathers together the thoughts and research findings of many of the leading authorities on the subject of contact in adoption and permanent foster care. By looking at both infant and older child placements and the varying characteristics of permanent carers and birth relatives, the authors provide a comprehensive analysis of contact, when and when not to recommend it, and the demand to keep firmly in mind at all times the developmental needs of children.

£15.95

ISBN 978 1 903699 60 7

2004

On child protection



Caring for a child who has been sexually exploited

Child Sexual Exploitation is a growing national priority. Combating it involves agencies working together to identify victims, prosecute perpetrators and disrupt their activities. Importantly, victims need help to recover. This book will help increase understanding of CSE and help parents, carers and practitioners to support young people in their care to stay safe, recover from their traumatic experiences, and rebuild their lives.

£12.95

ISBN 978 1 910039 65 6

2017



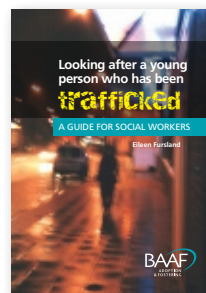
The protectors' handbook

This groundbreaking book gives adults the vital information and skills needed to protect children in their day-to-day lives. Comprehensive, practical and accessible, it includes: effective strategies to reduce the risk of abuse; a guide to recognising and responding to the signs of abuse; a discussion of the emotional consequences of abuse and how they can be addressed; and ways of creating the best context for recovery.

£9.95

ISBN 978 1 905664 47 4

2008



Looking after a young person who has been trafficked

This brief guide provides information for social workers on trafficking within and into the UK, how children fall prey to traffickers, why young people may be trafficked and what happens to them once they are. It covers: how to identify that a child may have been trafficked; the local authority's legal duty towards trafficked children; points to consider when assessing and then placing a child; and helping the young person.

£3.95

ISBN 978 1 905664 74 0

2009

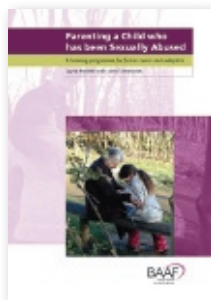
ALSO AVAILABLE

Caring for a young person who has been trafficked

£3.95

ISBN 978 1 905664 70 2

2009



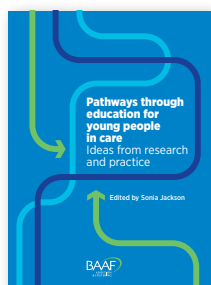
Parenting a child who has been sexually abused

Designed for adopters and foster carers of children who have been sexually abused, this training course is based on the work of clinical psychologist Gerrilyn Smith. It includes sessions on: creating a safe place; recognising child sexual abuse; understanding its impact; enabling carers to help children who have been sexually abused; and the role of therapy and building resilience.

Now £10.00 + £2.00 VAT (was £17.94) 2003
ISBN 978 1 903699 26 3

Also see: Parenting a child affected by sexual abuse p23

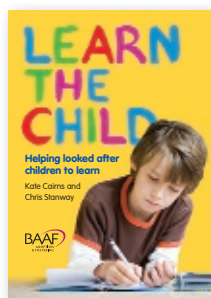
On education



Pathways through education for young people in care

Edited by one of the world's leading experts on education and looked after children, this anthology argues that education, in its broadest sense, should be at the centre of care and care at the centre of education. By bringing together up-to-date evidence from interdisciplinary research with innovations in practice that have been shown to make a real difference – both in the UK and overseas – this book helps pave the way for long-lasting improvements to the educational aspirations and attainments of young people both in and beyond care.

£19.95 2013
ISBN 978 1 907585 72 2



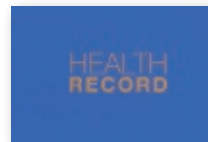
Learn the child

This popular practice guide for social workers, carers and teachers explores the long-term effects of trauma in childhood and how this, and the child's consequent behaviour, can affect learning. The guide explores how traumatised children can best be supported in their learning and what teachers in the classroom, foster carers at home, and social workers and other professionals working with children in different settings can do to help.

£24.95 2013 (2nd edition)
ISBN 978 1 907585 73 9

Also see: Supporting Education p7

On health

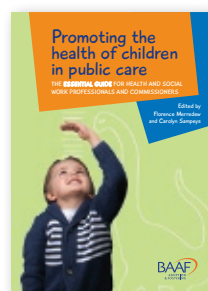


★ **BESTSELLER**

Carer held health record

Children looked after by local authorities often come from backgrounds with a high incidence of health problems and poor uptake of primary health care services. It is vital that significant medical information is passed on to the main carers and is available to medical practitioners seeing the child on a temporary basis. This widely used record book is designed to be kept confidentially by the adults caring for the child and to accompany the child when s/he moves to another placement or returns home.

£8.50 + £1.70 VAT 2016 (New edition)
ISBN 978 1 905664 53 5



Promoting the health of children in public care

This anthology provides comprehensive advice and good practice guidance on all aspects of the health of looked after and adopted children and their families, along with summaries of the relevant legislation and regulations. It includes information on: pathways through care and issues of consent; the particular needs of groups of vulnerable children; the assessment of adult carers, and common health concerns; and confidentiality, information sharing and management of health records.

£19.95 2015
ISBN 978 1 910039 26 7



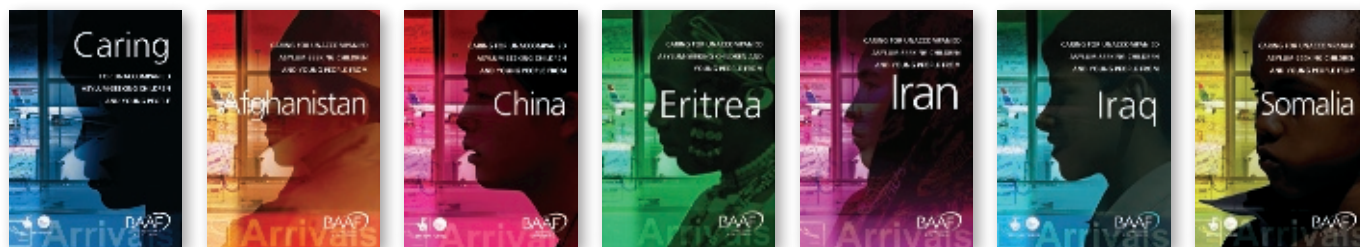
Foetal alcohol spectrum disorders

In this special edition of the *Adoption & Fostering* journal, experts tackle the realities of FASD and answer key questions, including: how does prenatal exposure to alcohol affect the developing brain?; how much (or little) is the problem understood by professional groups?; what are the experiences of community paediatricians, teachers and adoptive parents working on the ground?; and why does UK policy on abstinence from alcohol in pregnancy lag so far behind that of other countries?

£9.95 2015
ISBN 978 1 910039 40 3

Also see: Parenting Matters series pp22-23;
Understanding health conditions series p18

On unaccompanied asylum-seeking children and young people



Caring for unaccompanied asylum-seeking children and young people

Unaccompanied asylum-seeking children and young people have been through difficult and sometimes horrific experiences in their home countries and in their journeys to escape. How can foster carers and residential care workers start thinking about the effects of these traumatic experiences? How can they identify what the needs of these young people are likely to be and how can they be supported? Six country-specific titles, focusing on Afghanistan, China, Eritrea, Iran, Iraq and Somalia look in more detail at the languages, religions, culture, food and family life that children and young people from these countries may be accustomed to, and how carers and workers can help to welcome them.

Country-specific titles

£2.00

2007



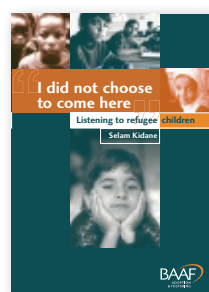
Coming to the UK

This informative pamphlet provides a handy introduction to what unaccompanied asylum-seeking and refugee children and young people can expect to find once they arrive in the UK. It deliberately concentrates on societal and lifestyle issues and provides much-needed information on topics such as housing, schooling and higher education, health issues, food, staying safe, public transport, leisure time, and offers a glimpse of what UK society is like. Translated versions of the pamphlet are available in Dari, Farsi, Pashto, Kurdish and Tigrinya.

£4.50

2008

ISBN 978 1 905664 55 9



'I did not choose to come here'

This thought-provoking book gives voice to a range of experiences of young unaccompanied asylum seekers and refugees. These include: the pre-exile experience; arrival into the UK; experiences in care; school life; the asylum determination process; supports and networks; and the impact of racism, prejudice and xenophobia.

£7.95

2008

ISBN 1 903699 03 7



The emotional well-being of young people seeking asylum in the UK

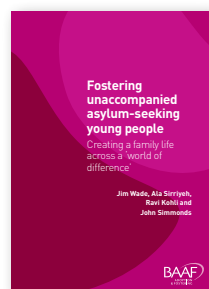
This report presents findings from an in-depth study of the perspectives and experiences of children and young people arriving unaccompanied to seek asylum in the UK. Through conversations with 54 young people from 18 countries, the young participants highlight the stress of age disputes, the need for care and guidance in areas such as immigration status and financial support, and more.

ISBN 978 1 905664 50 4

2008



Available as a free download exclusively for CoramBAAF members at www.corambaaf.org.uk



Fostering unaccompanied asylum-seeking young people

This research study details and examines the results of a census survey of four local authorities, collectively looking after over 2,000 unaccompanied young people, and includes the views and experiences of young people, foster carers, social workers and key stakeholders. The results reveal: ongoing changes in the way in which unaccompanied asylum-seeking young people are looked after; the main features of the fostering task; insights into how young people and foster carers felt about their placements; and key implications for policy and practice.

£14.95

2012

ISBN 978 1 907585 55 5

Be the first to know about new titles as soon as they are published: sign up to receive our free email alerts at www.corambaaf.org.uk/subscribe

Only available as a pdf

Studies and research



Looked after children and offending

This study investigates the characteristics and pathways of looked after children, and the risk and protective factors that may reduce the likelihood of offending and promote resilience. It demonstrates that the care system can be effective in promoting security, resilience and pro-social values, but significant concerns remain about the risk of offending and of criminalisation.

£14.95

2014

ISBN 978 1 910039 04 5

A coherent, well-structured and cogent piece of work that adds to the volume of voices calling for good legislative intentions to be translated into effective practice.

Ian Paylor, Lancaster University, *Journal of Social Work*



Keeping them in the family

This study provides invaluable information on the benefits and challenges of kinship care and what needs to be done if it is to be used effectively. The study tracked 113 children in England, removed from their parents' care because of child protection concerns and placed with kin through the courts. The placements were then assessed in terms of: whether they lasted as long as necessary and provided good quality and safe care; the quality of the relationship between the child and carer; and how well the child was functioning.

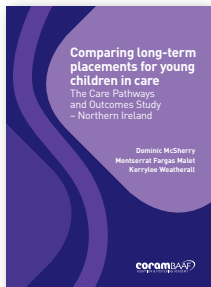
£14.95

2008

ISBN 978 1 905664 52 8

A clearly written and comprehensive look at current knowledge of the main aspects of kinship care... Keeping Them in the Family is an accessible read and a valuable source of information for all professionals and academics with an interest in this area.

Cheryl Burgess, University of Stirling, *Adoption & Fostering*



Comparing long-term placements for young children in care

This book reports on the Care Pathways and Outcomes Study which, since 2000, has been tracking a group of children who were under the age of five and in care in Northern Ireland on a particular census day. It explores similarities and differences between placement types, including: children's attachments, self-concept, education, health and behaviour; parents'/carers' stress; social support; family communication; and contact with birth families.

£14.95

2013

ISBN 978 1 907585 77 7



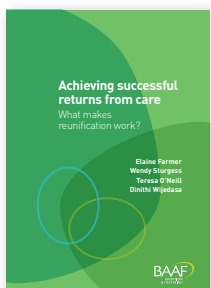
Care or control?

This important study focuses specifically on the use of foster care for young people on remand as an alternative to custodial and residential accommodation. It considers the processes by which young people become involved in offending behaviour, how this behaviour can be exacerbated by involvement with the penal system, and how community interventions can have a positive impact on a young person's behaviour and sense of identity.

£12.95

2006

ISBN 978 1 905664 06 1



Achieving successful returns from care

This study focuses on 180 children, aged 0-14, who were all returned home from care in six local authorities in England. It examines the patterns and outcomes of return home through a two-year follow-up of the sample; investigates which factors are associated with successful and unsuccessful returns; and explores children's and parents' own experiences of successful and unsuccessful returns, including repeated failed reunification.

£12.50

ISBN 978 1 907585 25 8

2011

Only available as a pdf



Growing up in foster care

Long-term foster care is rarely mentioned as a positive option; yet, for a significant group of vulnerable children, growing up in a long-term foster family is their best chance of a secure family life. This research study provides a fascinating insight into the experiences of 58 children, their foster carers, a sample of their birth parents and their social workers. The authors use attachment theory to explain the impact of abuse, neglect and separation on the children's behaviour and relationships.

£9.95

2004

ISBN 978 1 873868 93 5

M Available as a free download exclusively for CoramBAAF members at www.corambaaf.org.uk

Training resources

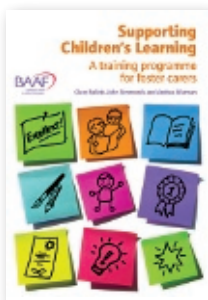
A range of courses designed to help you develop the knowledge and skills of adopters and foster carers.



Fostering changes

The Fostering Changes programme provides practical advice and training for foster carers in order to develop their skills in managing challenging behaviour and forming positive relationships with their foster children. This training course uses a cognitive behavioural approach and each of the 12 sessions covers the preparation, ideas and skills for training. Exercises and comprehensive guidance notes are included, as is a CD-ROM containing a presentation and handouts.

Now £100 (was £125) 2011 (2nd edition)
ISBN 978 1 907585 20 3

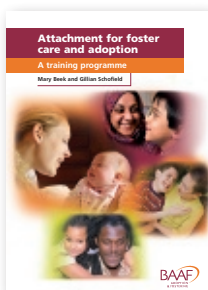


Supporting children's learning

This course is designed to help carers support the education of children in their care and enable them to become more confident and effective learners. It consists of 10 sessions and can be delivered to groups of between eight and 12 participants. Resources include a training manual, a CD-ROM containing PowerPoint presentations and handouts, and a DVD which explores paired reading – a well-established method for supporting literacy.

£49.95 + £9.99 VAT 2010
ISBN 978 1 905664 15 3

Also see: Supporting education p7



Attachment for foster care and adoption

This training programme provides adopters, foster carers and social work professionals with a framework for putting attachment theory into practice in their everyday caring and work with children. It begins with a module explaining core attachment concepts followed by five modules focusing on different dimensions of parenting and their developmental benefits for children. The emphasis is on the positive impact that foster care and adoptive parenting can have on even the most troubled children.

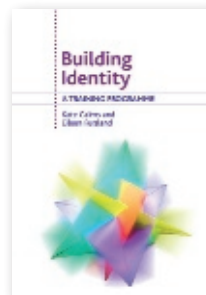
£35.00 2006
ISBN 978 1 903699 98 3



Safer caring

This course aims to give foster carers the knowledge they need to: prevent, recognise and get the right treatment for secondary traumatic stress disorders; assess and manage risk; and work as part of a team to provide safer caring. It consists of two interlinked modules: caring for the carers; and protective foster care.

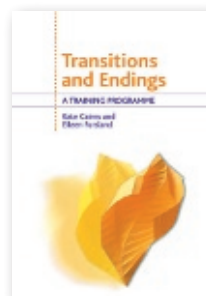
£39.95 2007
ISBN 978 1 905664 19 1



Building identity

This course will enable carers to help children to overcome early disruptive experiences and to boost their identity and self-esteem. It consists of four interlinked modules: identity and child development; life story work; family ties; and contact.

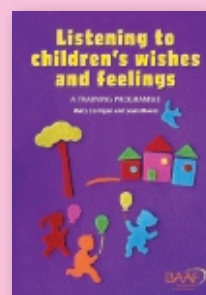
£39.95 2008
ISBN 978 1 905664 43 6



Transitions and endings

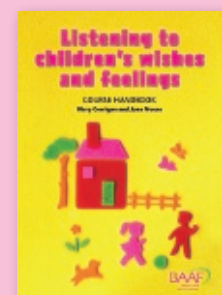
This course aims to help carers help traumatised children and themselves to face change and loss in a managed and constructive way. The course consists of three interlinked modules: resilience and transitions; moving on; and growing through grief.

£29.95 2008
ISBN 978 1 905664 38 2



Training course

Now £25.00 (was £44.95)
2011
ISBN 978 1 907585 16 6



Handbook

Now £10.00 (was £19.95)
2011
ISBN 978 1 907585 11 1

Listening to children's wishes and feelings

This is an invaluable resource for social workers, adoptive parents and foster carers who are helping children to feel heard and to build resilience and identity. It consists of: a training course including a CD-ROM containing PowerPoint presentations and handouts; and a handbook including a techniques CD-ROM containing over 80 strategies, activities and techniques that can be used in direct work with children. *Listening to children's wishes and feelings* will equip participants with a range of techniques for effective listening and communication with children, including helping children to express themselves and thereby promote a strong sense of identity.

Practice notes

CoramBAAF's Practice Notes are a series of occasional notes that provide guidance on specific topics. Those listed below are from 2003 onwards and can be purchased in printed form – £1 each plus p&p.

M Many available for CoramBAAF members to download, free, in the members' area of www.corambaaf.org.uk.

- 42 Placing children with dog-owning families 2003
- 44 Assessing lesbian and gay foster carers and adopters 2003
- 49 The role of male carers in adoption and fostering 2006
- 51 Reducing the risks of environmental tobacco smoke for looked after children and their carers 2007
- 53 Guidelines for the testing of looked after children who are at risk of a blood-borne infection 2008
- 55 Using the internet in adoption and fostering assessments 2011
- 56 Paperless fostering and adoption panels 2014
- 57 Evaluation of permanence options for a child in care proceedings in England 2014
- 59 The provision of information to Fostering for Adoption carers 2015
- 60 Undertaking overseas checks in fostering and adoption assessments 2015
- 61 Home safety checks in fostering and adoption 2016
- 62 The impact of the decision in the UK referendum 2017
- 63 Restraint and physical intervention in foster care 2017
- 65 Decisions about the assessment of couples and other partnerships in foster care (England) 2017

Social and health assessment forms – licence agreement

CoramBAAF's forms are widely used throughout the UK and are available on a licence agreement. None of these forms are available in print except Form AH and Form AH2. Further details as well as a sample of the licence agreement are available at www.corambaaf.org.uk or from CoramBAAF at pubs.sales@corambaaf.org.uk.

SOCIAL ASSESSMENT FORMS

Assessments of prospective carers/adopters

- Form F (Adoption and Permanence Northern Ireland) 2012
- Form F (Adoption and Permanence Scotland) 2012
- Form F (Fostering England) 2014
- Form F (Fostering Northern Ireland) 2012
- Form F (Fostering Scotland) 2012
- Form F (Fostering Wales) 2008
- Form C (Connected Persons) – England 2015

OTHER

- Form FR (Foster Carer Review) – England 2015
- Form PPFP (Placement Plan for Fostering Placements) – England 2012
- Dogs and pets assessment forms – UK 2015

HEALTH ASSESSMENT FORMS FOR THE UK

For prospective adopters, foster carers and substitute carers

- Form AH 2014
- Form AH2 2014

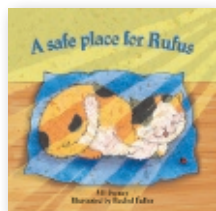
For looked after children and their birth parents

- Consent Form 2016
- Form CR-C 2008 and Form CR-YP 2008
- Form IHA-C 2016 and Form IHA-YP 2016
- Form RHA-C 2016 and Form RHA-YP 2016
- Form M 2016
- Form B 2016
- Form PH 2016

FOR CHILDREN AND YOUNG PEOPLE

Picture books and stories

Colourful and beautifully illustrated picture books that will help children understand their situation and come to terms with their history, feelings and memories. These stories can be used therapeutically with children and are best read with or alongside the child.



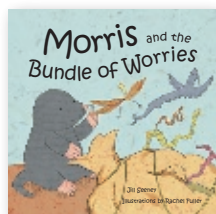
A safe place for Rufus

Rufus the cat lives with a family who care for him. He feels happy and safe, especially when he is lying on his favourite cushion. But he didn't always feel this way. Thinking about his past makes him angry and sad and Rufus struggles to find a place where he can relax. This book explores the importance of feeling safe and banishing fears.

£9.95

ISBN 978 1 907585 45 6

2012



Morris and the bundle of worries

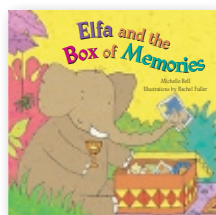
Morris the mole has a great big bundle of worries. They are so big that Morris doesn't know what to do. One day he finds a friend who can help him... This book explores the importance of sharing worries and thereby learning to cope with and manage them.

£9.95

ISBN 978 1 905664 31 3

2008

★ **BESTSELLER**



Elfa and the box of memories

Elfa the elephant carries her precious memories around with her in a brightly coloured box. When she discovers that some of them are missing she sets out to recapture them by visiting some of the key people, places and events in her past. A reminder that all memories, good or bad, help us to remember the story of our lives.

£9.95

ISBN 978 1 905664 42 9

2008



Where is Poppy's panda?

Poppy's panda has always been with her – but now he is lost! As Poppy searches for her favourite toy, she remembers all the times her panda has been with her. This beautifully illustrated book for young children explores transition, loss, change and the importance of continuity in a child's life.

£9.95

ISBN 978 1 905664 72 6

2009



Tia's wishes/ Tyler's wishes

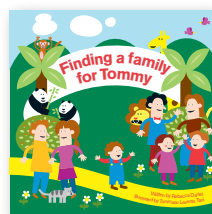
These two books – one for boys and one for girls – will encourage children to voice their fantasies about moving to an adoptive family, express their wishes about their

ideal forever family and come to terms with reality.

£10.95 + £2.19 VAT each

ISBN 978 1 903699 22 5 / 978 1 903699 45 4

2003



Finding a family for Tommy

Tommy needs a new family to give him lots of love, but where will he find one? On a farm? In the pond? At the zoo? This lift-the-flap picture book introduces young children to the idea of different families and the meaning of belonging. It can also be used to address concepts of adoption and fostering.

£9.95

ISBN 978 1 905664 62 7

2009



Spark learns to fly

Spark the dragon lives happily with his parents and baby sister until his mum and dad start fighting. When the children get injured, they have to go and live with a foster carer, who helps them understand their situation and come to terms with their painful emotions.

£9.95

ISBN 978 1 905664 18 4

2007



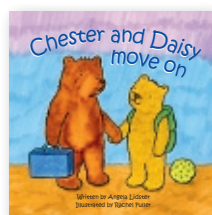
Picnic in the park

Using the device of a birthday picnic, this vividly illustrated book introduces children to a range of family structures; including: two- and one-parent families; adoptive and foster families; gay and lesbian families; and step-families. It also shows a diverse range of adults and children.

£9.95

ISBN 978 1 905664 08 5

2007



Chester and Daisy move on

This is the story of two bear cubs who have to leave their parents and live with a foster family. Soon they learn they are to be adopted. The story encourages children to compare their own stories with that of the bears and can help them to explore feelings about their past and their moves.

£9.95

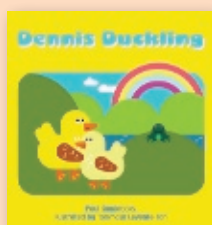
ISBN 978 1 907585 49 4

2012

The Dennis Duckling series

Dennis the little duckling is sad because he and his sister have to leave their mum and dad as they can no longer look after them. This mini-series explores different aspects of the care experience – going into care, decision-making about children in care, returning home, and kinship care – and can be used flexibly depending on a child's placement type.

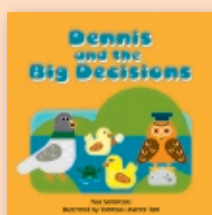
SPECIAL OFFER Buy all 4 books for £20 (save £6.80)



Dennis duckling

Explains what may be happening to children who are leaving their birth families for the first time to be looked after by foster carers.

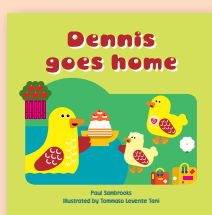
£5.95 2009
ISBN 978 1 905664 77 1



Dennis and the big decisions

Explores the range of adults who are involved in making decisions about children in care and how, whatever their age, they can be involved in making plans about their future.

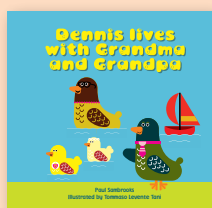
£6.95 2011
ISBN 978 1 907585 17 3



Dennis goes home

Focuses on returning home after spending time in foster care, and explores how children may feel anxious or confused about saying goodbye to their carers and reuniting with friends and family.

£6.95 2014
ISBN 978 1 910039 11 3



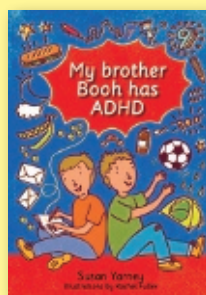
Dennis lives with Grandma and Grandpa

Explores the issues surrounding kinship care including how decisions are made, children's mixed feelings, and contact, particularly concerning managing expectations and handling emotions.

£6.95 2015
ISBN 978 1 910039 38 0

Understanding health conditions

Stories, information and practical advice.
SPECIAL OFFER Buy all 4 books for £24 (save £3.80)



My brother Booh has ADHD – A story about Attention Deficit Hyperactivity Disorder

Toby and his twin Booh were adopted as babies. They look very alike. But there is one big difference. Booh is always getting into trouble and his behaviour is getting worse. When he is diagnosed with ADHD and helped to understand and manage his condition, life becomes easier.

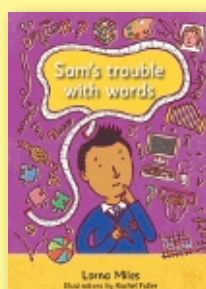
£6.95 2014
ISBN 978 1 910039 06 9



Oli and the pink bicycle – A story about Foetal Alcohol Syndrome

Oli is excited about her present – a pink bicycle! But when her day doesn't go to plan Oli is angry! Oli's first mamma drank too much and took bad medicine when Oli was in her tummy. Now Oli finds school difficult, struggles with co-ordination and often loses her temper. Oli doesn't know what to do, until a neighbour sets her a series of challenges...

£6.95 2014
ISBN 978 1 910039 09 0



Sam's trouble with words – A story about dyslexia

Sam has a secret: he has trouble reading and writing and is worried that his foster family will not want him to stay. With the help of his carers, teachers and social worker, Sam discovers that his secret is a real problem with a real name – dyslexia – and that many clever people have the same problem!

£6.95 2014
ISBN 978 1 910039 08 3



Why can't I be good? – A story about behaviour problems

Every morning Hanna promises herself that she will be good all day. But somehow it never works out. She is very badly behaved but fed up with being told off and wants to show her parents that she is glad they have adopted her. She decides that she will try to be good one day at a time in one way at a time and soon discovers that she can change her behaviour.

£6.95 2014
ISBN 978 1 910039 07 6

Guides for children

Easily accessible information on topics that children who are looked after need to know about.



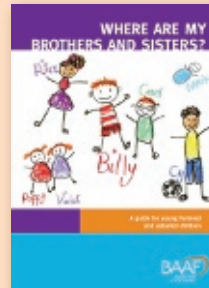
Fostering

What is fostering? How is fostering different from adoption? How do children come to be fostered? How will the right family be found? A helpful introduction to fostering, the process and procedures.

£3.95

ISBN 978 1 910039 52 6

2016



Where are my brothers and sisters?

Where are my brothers and sisters and why are we not living together? Are they safe and being looked after? Do I have siblings I don't know about? This guide will help children to better understand their family situation and their feelings about this.

£3.95

ISBN 978 1 907585 35 7

2011



Kinship care

What is kinship care? Who is in charge? Who makes the rules? How long does kinship care last? This guide provides an explanation of "kin" and explores why some children live in kinship care and what is special about it.

£3.95

ISBN 978 1 905664 23 8

2007



Private fostering

What is private fostering? How is it different from being "in care"? Why are some children privately fostered? A good introduction to private fostering, the process, and what children can expect.

£3.95

ISBN 978 1 903699 75 4

2005



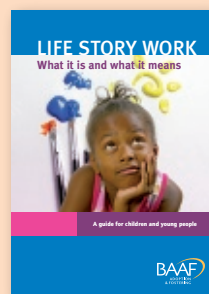
Being a foster family

What exactly is fostering and why are we doing it? Will the foster children be my brothers and sisters, and how many of them will there be? What if we don't get on? A helpful guide to the complexities of being a fostering family.

£3.95

ISBN 978 1 907585 40 1

2011



Life story work

What is life story work? What does it mean? And how do you do it? A helpful introduction to life story work, the different ways of doing it and why it is important.

£3.95

ISBN 1 903699 50 9

2006

Books for teenagers

SPECIAL OFFER Buy all 3 books for £15.00 (save £11.85)



Control freak

Seventeen-year-old Holly Richards is tough, practical, determined and has her whole future carefully mapped out. So for her, leaving foster care to move into her own flat should be no problem. But Holly hasn't bargained for the problems an out-of-control brother, a too-good-to-be-true boyfriend and a lovestruck best friend can create! As all Holly's perfectly laid plans go pear-shaped, does she have the nerve to stay in control?

£8.95

ISBN 978 1 907585 04 3

2010



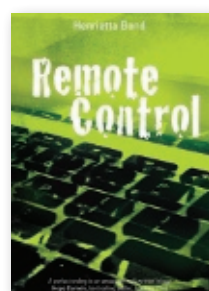
Losing control

Independent living, work and education, relationships, prejudice and the dangers of social networking – just some of the challenges facing Holly now that she has moved out of her foster home. How will she cope? And can she stay in control when everyday life descends into chaos?

£8.95

ISBN 978 1 907585 50 0

2012



Remote control

Struggling to cope with her mother's death wish and the disappearance of her birth father, Holly is suddenly left holding her foster sister's baby. As she battles to keep calm amidst the chaos, can Holly learn to let other people take control of their lives, so she can get on with hers?

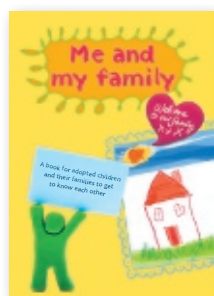
£8.95

ISBN 978 1 907585 81 4

2013

Interactive resources

A range of books, tools, card sets and a game!



Me and my family

A unique, colourful and fun 'welcome to our family' book through which adopters can introduce themselves to the child who will be joining them and for the child to work through and record the changes in their lives as they move to their new family. This easy to use resource includes space for drawings, writing and photographs.

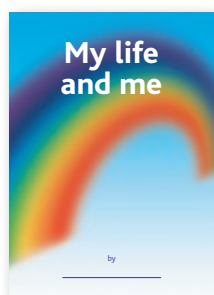
£15.00 + £3.00 VAT 2011
ISBN 978 1 907585 37 1



Moving pictures

This practical resource is designed to help children to explore ideas of moving and permanence. It includes a CD-ROM that contains 16 line drawings, illustrating a range of scenarios. They can be printed out for children to colour in and will spark discussion of the child's thoughts and hopes about moving to a new family. An accompanying book provides guidelines, advice and suggested questions for the carer working with the child.

£9.95 2012
ISBN 978 1 907585 58 6

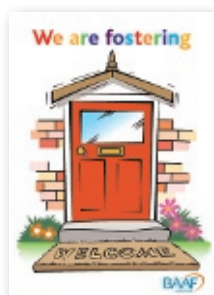


My life and me

This colourful life story workbook will help children living apart from their birth family to develop and record memories and recollections of their past. Divided into colour-coded sections, it has space for drawings, photographs, documents and recording thoughts and feelings at various stages.

★ **BESTSELLER**

£15.50 + £3.10 VAT 2001
ISBN 978 1 903699 00 3



We are fostering

This workbook will help birth children to know themselves, their history and their role in the family, and prepare them to welcome new arrivals into their homes and lives. There is space for drawings, photographs, documents and a record of feelings and thoughts at various stages.

£15.00 + £3.00 VAT 2003
ISBN 978 1 903699 43 0



Welcome to our family

This unique board game has been designed for use with families with children who are going through the application process to become foster carers. It traces a journey through a town, starting from a social services office and finishing at a foster home, with a range of interesting and challenging questions to answer along the way.

£39.95 + £7.99 VAT 2012



The bears

The Bears is a simple tool that can help build conversations about feelings in countless ways. The 48 colourful, cartoon bears depicted on the cards have wide appeal. Their facial expressions and body language convey a range of feelings including happy, sad, confident, afraid, shy, energetic, tired and grumpy. As there are no words on the cards, they are accessible to young children and those with literacy or language difficulties.

£30.00 + £6.00 VAT 2010
ISBN 1 8756507 9 2



Strength cards

These cards are ideal for recognising inner strengths, building values and developing self-esteem. They can help children and young people to use their strengths at times of change, conflict, worry or stress. Each card focuses on a particular strength, from adventurous to assertive, capable to curious and hopeful to humorous, illustrated in an attractive, engaging and child-friendly style.

£30.00 + £6.00 VAT 2007
ISBN 978 1 920945 30 5



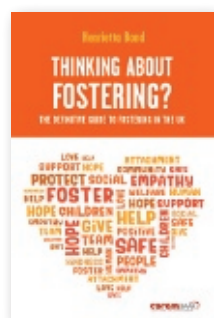
Strength cards for kids

This clever, yet simple card set is designed to help primary school aged children to identify, name and celebrate their inherent strengths, qualities and abilities. Each of the cards use illustration and humour to express a particular strength such as 'I am full of energy' and 'I am a good friend'. The cards can be used to help children to understand that it is not 'showing off' to express personal qualities in a positive way.

£30.00 + £6.00 VAT 2009
ISBN 978 1 920945 38 1

FOR PARENTS AND CARERS

Handbooks, guides and real life stories



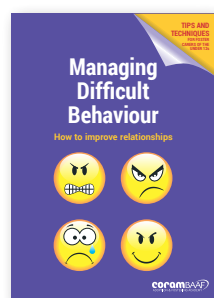
Thinking about fostering?

This short beginner's guide clearly describes the sorts of children needing to be fostered and why; their legal status; who can foster; whom to approach if you want to apply; selection, training and getting started; fees and allowances; and what happens when a child moves in and when they return home.

£8.95

ISBN 978 1 9100390 54 0

2016



Managing difficult behaviour

This handbook aims to provide foster carers of the under 12s with new skills to help them improve a child's behaviour. Full of useful tips, case examples and exercises, it addresses key areas including: giving praise; giving positive attention; establishing boundaries; using rewards; helping children learn from their actions; giving instructions; and using time-out.

£14.95

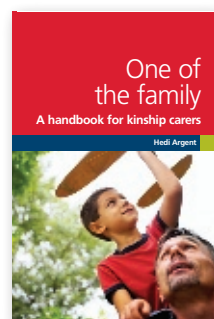
ISBN 978 1 910039 36 6

2015 (2nd edition)

★ BESTSELLER

Brilliant – this book would be so useful to anyone struggling with difficult child behaviour – carer, parent, teacher – so innovative and great tips.

★★★★★ amazon.co.uk



One of the family

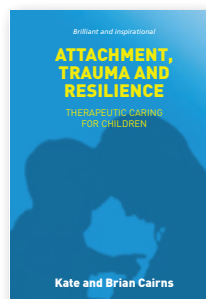
Family and friends have traditionally stepped in at times of family crises and looked after their nephews and nieces, grandchildren and "godchildren" for a day, a week, a few months or a lifetime. This handbook aims to give families and friends who may become kinship carers information about the choices they can make, the assessment process, the legal framework, the child care system, the support and the financial help available.

£6.50

ISBN 978 1 903699 80 5

2005

★ BESTSELLER



Attachment, trauma and resilience

In this remarkable book, Kate and Brian Cairns draw upon their personal and professional experience to offer an insight into the realities of family life with children who have lived through overwhelming stress. Vividly described scenarios show how they responded to the children's powerful feelings and difficult behaviours following their experiences of attachment difficulties, loss, abuse and trauma.

★ BESTSELLER

£15.95

ISBN 978 1 910039 35 9

2016 (2nd edition)

Real life stories



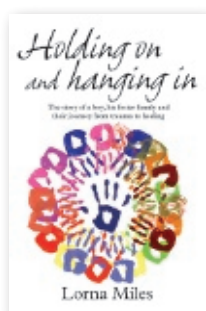
New beginnings and other writings on being in care

This rare and rich collection of poetry and writing by children and young people aged from nine to 24 years old, throws the spotlight on living in care – a subject rarely explored in literature and yet experienced by more than 60,000 children in the UK every year.

£7.95

ISBN 978 1 910039 62 5

2017



Holding on and hanging in

This compelling story tracks Wayne's journey from first being fostered by Lorna at the age of nine, in a therapeutic fostering placement, through nearly four years of family life. Wayne is traumatised by his early experiences of neglect and domestic abuse and this honest and heartfelt account takes us through the highs and lows of Lorna and her family's dedicated perseverance to help him move from despair and anger to health and recovery.

£8.95

ISBN 978 1 905664 78 8

2010



Proud parents

This is a compelling collection of stories of lesbians and gay men who have adopted or fostered children. Single and in partnerships, they share their experiences on a number of issues. What motivated them to adopt or foster? How did they respond to the assessment process? What was it like when the children first moved in? And what is life like now, together as a family?

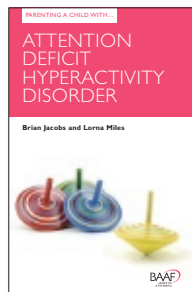
£13.95

ISBN 978 1 907585 66 1

2013

Parenting Matters series

This unique series provides expert knowledge about a range of children's health conditions, coupled with facts, figures and guidance presented in a straightforward and accessible style. Foster carers and adopters also describe what it is like to parent an affected child, "telling it like it is", sharing their parenting experiences and offering useful advice.



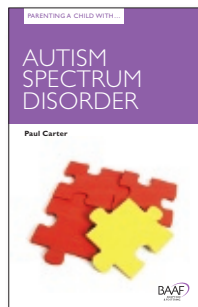
Attention deficit hyperactivity disorder

Provides a short explanation of ADHD and related conditions, including symptoms, prognosis and treatment. Explores the ways in which ADHD can affect child development and behaviour; the issues it raises with regard to educational provision for affected children; and where and how to get help.

£7.95 2012
ISBN 978 1 907585 48 7

An excellent little book...The advice is simple, straightforward and practical.

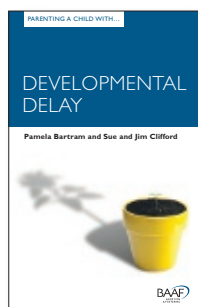
Youthinmind



Autism spectrum disorder

Explains autism and autistic spectrum disorders (ASD) and related conditions, including Asperger's syndrome, and their symptoms, prognosis and treatment. Explores the ways in which autism can affect child development; the issues it raises with regard to educational provision for affected children; and where and how to get help.

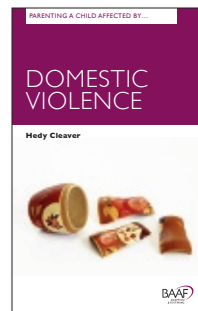
£7.95 2013
ISBN 978 1 907585 69 2



Developmental delay

Provides an explanation of developmental delay and how this can affect a child's gross motor and fine motor skills, the development of language and understanding, and social and emotional behaviour. Explores the issues developmental delay can raise with regard to the educational provision for an affected child, and where and how to get help.

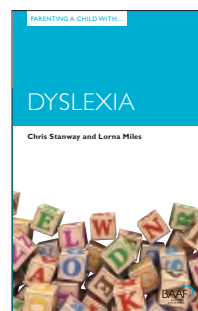
£7.95 2013
ISBN 978 1 907585 70 8



Domestic violence

Explains the effects of domestic violence on children at various developmental stages – infants, children between the ages of five and 12, and adolescents – describing how these may manifest in behaviour, educational attainment, emotional development and relationships. Considers the challenges that adoptive and foster families face and what they can do to help children recover.

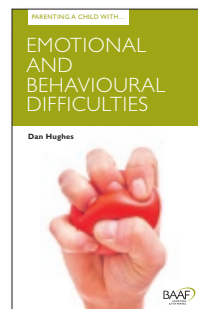
£8.95 2015
ISBN 978 1 910039 31 1



Dyslexia

Explains dyslexia and related conditions (including dyspraxia), and their symptoms, prognosis and treatment. Explores the different ways in which dyslexia can affect child development; the issues it raises with regard to educational provision for affected children; and where and how to get help.

£7.95 2012
ISBN 978 1 907585 46 3



Emotional and behavioural difficulties

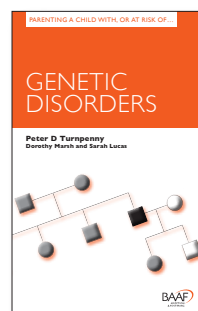
Explains emotional and behavioural difficulties and their symptoms, prognosis and treatment. Examines the different ways in which emotional and behavioural difficulties can affect child development; the issues these conditions raise with regard to educational provision for affected children; and where and how to get help.

£8.95 2012
ISBN 978 1 907585 60 9

★ **BESTSELLER**

Concise and simple, makes things clear and explains in a direct and simple way.

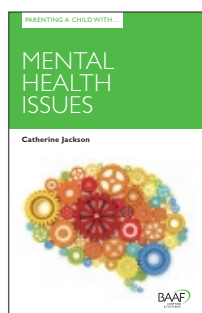
★★★★★ amazon.co.uk



Genetic disorders

Focuses on genetic disorders and the impact on human health, the problems of being "at risk" of a disorder, and the effects on children. Examines how disorders may pass through families; what parents can do when a child, or a child's birth parents, have, or may have, a genetic disease; and issues regarding genetic testing of adopted children.

£7.95 2014
ISBN 978 1 910039 05 2



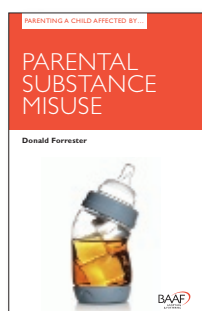
Mental health issues

Explains mental disorders generally and how they may manifest in children. Outlines the risk of mental health issues in a child from a family with a history of mental disorder, and the factors that can put these children at greater risk. Explores what is known about the physiological processes that may explain a child's behaviours and higher vulnerability to mental disorder.

£7.95

ISBN 978 1 907585 43 2

2012



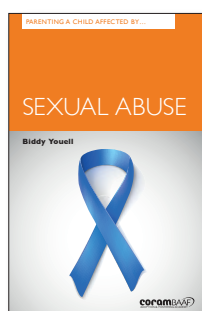
Parental substance misuse

Explores general issues around substance misuse and children entering care as well as the impact on children of exposure to substances during pregnancy, including both specific effects (such as Foetal Alcohol Syndrome) and wider issues (such as genetic susceptibilities).

£7.95

ISBN 978 1 907585 47 0

2012



Sexual abuse

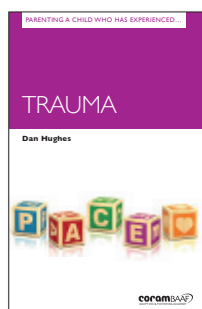
Addresses the long-term effects of sexual abuse and how experience in the adoptive and foster care family can support recovery and healthy development. Includes useful background information on child sexual development, the knowledge and insight that have been gained from adult survivors, and accounts of what it is like to parent a child who has been sexually abused.

£9.95

ISBN 978 1 910039 45 8

2016

★ **BESTSELLER**



Trauma

Examines what constitutes trauma in childhood, including its symptoms, prognosis and treatment. Outlines parenting tasks and how you can use PACE, addresses specific educational and social issues and answers a range of frequently asked questions.

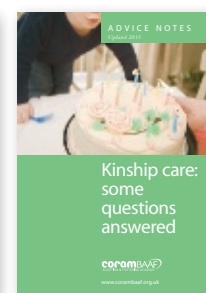
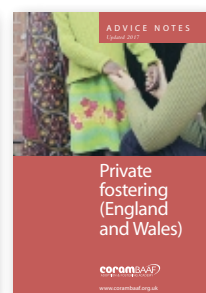
£9.95

ISBN 978 1 910039 50 2

2016

Advice Notes

Our popular Advice Notes contain essential information about key areas for adopters, prospective adopters, foster carers and birth parents. All Advice Notes are £1.00 each and are pertinent UK-wide unless otherwise specified. They are used extensively by adoption and fostering agencies in their work with the public.



FOSTERING

Foster care: some questions answered	2014
If your child is being fostered	2008

CONTACT

Contact: if your child is being fostered	2009
Contact: if you are fostering a child	2009

OTHERS

Children's special needs: some questions answered	2013
Kinship care: some questions answered	2016
Options for kinship carers	2016
Welcoming children into your neighbourhood	2004

LESBIAN AND GAY ADOPTION AND FOSTERING:

• information and advice for birth parents	
• information and advice for children	
• information and advice for foster carers	
• information and advice for panel members	
• information and advice for social workers	
£2.00 each	2013

Don't forget to visit our website
www.corambaaf.org.uk/bookshop to see all
 the latest special offers and discounts.

FOSTERING

Workshops and courses

Bespoke training solutions and a workshop programme that will help participants enhance their skills, be better informed about key developments and legislative changes, and learn about evidence-based research and its implications for practice.

EDUCATING

INFORMING

CHILD
CENTRED

INSPIRING

BESPOKE
inclusive
evidence based

- **Making good fostering assessments**
- **Panel Administrators: Their role and responsibilities for fostering panels**
- **Secure Base Model – An assessment toolkit for working with children and young people**
- **The importance of attachment in assessing foster carers**
- **Effective fostering panels**
- **Quality assurance in fostering assessments**
- **The roles and responsibilities of the supervising social worker and mindfulness in supporting foster carers**
- **Managing allegations and monitoring standards of care in foster care**

Contact us to discuss your requirements.

Tel: 0207 520 2043

www.corambaaf.org.uk