

Adultification aware

Adultification is seeing children as adults.

Adultification is most commonly associated with black girls.

It happens when a child is given less nurturing, less protection, less support and less comfort by professionals.

Some children are forced into being more adult because of their context;

- **taking responsibility for siblings**
- **taking the place of a missing parent**
- **making decisions for their family**
- **having life experience way beyond their chronological age**
- **being exploited by people who play into a desire to be adult by giving them responsibility and jobs.**

It may also be that some children are deemed older than they are through unconscious bias. It can also happen with boys and children of any ethnicity.



#adultificationaware