

## How 16- and 17-year-olds feel they should be supported transcript

00:00:05 James Bury

My name is James Bury. I'm head of Policy Research and Development at CoramBAAF, and I'm joined by...

00:00:12 Linda Briheim-Crookall

I'm Linda Briheim-Crookall. I'm Head of Policy and Practice development at CoramVoice.

00:00:19 James Bury

Brilliant. And today we're going to have a conversation about some of the research that CoramVoice has been doing and I suppose.

00:00:28 James Bury

Linda, we sort of talked about it. It's just what? What are the sort of key things that well? Well, can you tell us a bit about them? Research and the background.

00:00:34 Linda Briheim-Crookall

So what we're talking about is the Bright Spots Programme, which is a research partnership that was developed together with Professor Judy Salvin at the University of Oxford and funded by the Hadley Trust. So, we've been working for over 10 years to capture what children and young people in care and care leavers feel about their well-being and focusing very much on the things that they feel are important to their lives. And so through that, we've developed for well-being surveys, 3 that are for children in care. So, from age 4 up to 18, slightly different depending on the age group and one for caregivers.

00:01:20 James Bury

OK. And just in terms of today, is there anything that particularly you are going to focus on as well?

00:01:27 Linda Briheim-Crookall

Yes, I thought I'd tell you a little bit about the findings overrule. Some of the things that we've learned through that project, but in particular what we thought would be speaking a little bit about the experience of older young people in care and some of the some of the differences between younger and older children in care and some of the challenges that they may face as their sort of 16/17 and coming up to the point of ageing out of care.

00:01:55 James Bury

And just like and thinking about that, what are some of those challenges that you've identified through research?

00:02:06 Linda Briheim-Crookall

So I think if you just kind of step back and think about the, uh, the research as a whole, there's some really positive things in the finding we focus on on well-being. We developed our well-being indicators together with children in care and care leavers themselves to capture the things that they said made their lives good and there's some things like 83% of young people in care say that their lives are getting better and some positives in terms of a higher proportion of children in care like school, feel that they're supported in education by the people that they live with.

00:02:45 Linda Briheim-Crookall

And in general, there are some real positives, but there's also the kind of challenges that children in care have compared to the general population. So, there are things around a lower proportion having a good friend, things around stigma and experience. There's a great proportion that report are worrying about their feelings and behaviour, and I think some of those things particularly stand out when you're getting to the older age group.

00:03:17 James Bury

And is it? Do you see a different, a definite change in the findings as you get?

00:03:21 Linda Briheim-Crookall

Yeah. Yeah. So I'd say so. I mean, we do have slightly different questions from the younger children and the older children because of, you know, understanding and the kind of the types of things that you can ask about and how long you can ask a child of five.

00:03:35 Linda Briheim-Crookall

Compared to a 16-year-old to sit and complete some a survey. But I think when you're talking about 4-10 year olds, you know that it's very much about the focus on carers and their sort of the feelings in with them that bullying is a kind of important issue and stands out as a challenge.

00:03:55 Linda Briheim-Crookall

That age group and they talk about having fun at weekends and also about understanding the reasons why they're in care. It being a kind of real challenge for the younger children whereas when you go into the older age groups, they're developing their independence and they have more input into decision making.

00:04:17 Linda Briheim-Crookall

So if they're being involved in decisions it comes to the fore and becomes much more important and they talk a lot about kind of having worries about their feelings and behaviours and we don't you know it's not a mental health survey, so we don't explore the kind of details of those kind of things.

00:04:35 Linda Briheim-Crookall

Although other research has shown that children in care have a higher prevalence of mental health challenges, but certainly like the young people themselves, they describe themselves as having worries and challenges. And I think particularly the kind of things that stand out for goals is around not being happy with the way you look and then also you know, friendships become really important.

00:04:57 Linda Briheim-Crookall

As you grow older, they become like the kind of key people in your life so having opportunities to do the similar things to friends, it's something that, the older age group talk about, but of course you know across the board trusting and supportive relationships with both workers and carers is important for all children in care. Feeling safe and settled where you live is important for all children in care, liking school, being able to see extended family and important networks and good friends is important.

00:05:31 James Bury

And I suppose I think like when I read the research, I think one of the things that so I really love the research because it brings, I suppose it brings children who you might be working with as a social worker sort of to life, and it's sort of thinking about actually, what do they care about and what is really important to them rather than necessarily when I've sort of filled in, say, formed in the past or, you know, completed assessments and you're looking at things like education.

00:06:02 James Bury

You're not necessarily thinking about always thinking about does these children actually like does this child like school you're thinking about? What's their attainment sometimes. And I think what I found really so wonderful about the research is it helps bring some of that back and actually that child's experience. And I've found it really helped you get some amazing diagrams, haven't you, which sort of bring that to life as well.

00:06:24 Linda Briheim-Crookall

Absolutely. And I think that's been a really important thing about the bridge bus programme is all about putting the kind of experience of children into practice. So we work with individual local authorities we worked with over 80 across England, Scotland and Wales and captured over 24,000 voices.

00:06:41 Linda Briheim-Crookall

For the last sort of 10 years or so, and that thing about practitioners, decision makers, team managers, kind of listening to children and doing something about it. And I think one of the things that the programme has done in a lot of places is kind of changing the dialogue a little bit, focusing on different things.

00:07:02 Linda Briheim-Crookall

So as part of our indicators, for example, there are things about pets that, you know, young people said pets are really important for us. They're the ones that love us unconditionally, that we have opportunities to care for ourselves, that we can talk to without kind of repercussions or young people talked about access to the Internet, which is, you know, maybe not a focus for services, but actually for them it's about being connected with their wider networks and for some children they might not have that access for a period of time because of safeguarding concerns and that really impacts on their relationships and they find that a real challenge. So, I think we kind of it has meant that you focus on slightly different things and start slightly different conversations and a really important thing about the programme is.

00:07:52 Linda Briheim-Crookall

It's about how do you then kind of respond to the things that that young people say and we always encourage all the local authorities that we work with to try a sort of Co production approach to that. So listen to their young people, but then kind of take that forward in conversation with young people to say, well, what should we be doing as a result of this? And I really love some of the more sort of innovative examples of what people have done so on the pets front. For example, uh in Oxfordshire, they had an ambassador for pets that took her dog around the kind of children's homes and sort of champion pets. So that IR's thought about it more and those kind of things. And in in Stockport they're they're care living that was really focused on pets, so they had a pet food bank and they thought about how they could support and work with the kind of charity called Blue Cross around kind of training young people and caring for their pets and all the different things that they needed. So there's lots of ways of like kind of refocusing the conversation I think through the programme.

00:08:56 James Bury

And I think it and it's about bringing it back to those sort of real things that young people sort of might feel they need or feel they really want in their life, which would make a difference to them and those examples you give are sort of really practical and sort of powerful about things that could make a difference.

00:09:12 James Bury

Just sort of going back to the findings. Was there anything that sort of surprised you in the in like complete it's a substantial piece of research and I suppose you've been keeping up with it, but was anything as sort of as it came sort of towards its conclusion was anything that sort of like surprised you was a bit sort of counter factual or something like that?

00:09:29 Linda Briheim-Crookall

So I think I think the fact that you know that there are positive messages about care that that there's some, you know there are areas where children in care do better than others, I think is something that stands out from this work I think that focus on different topics and different experiences. The things that we haven't, you know, I don't think services are focused on you know how children feel about the way that they look, for example. And we had one authority in in Sheffield where as a response to what their children said about that organised their fashion show together with young people to kind of celeb rates, different bodies and different looks and sort of those kind of positive things that I think are how not necessarily surprising, but kind of puts you in a different frame of mind. I think some of the things more about what it's reinforced that we didn't necessarily have evidence for before, but now it's more sort of black and white.

00:10:27 Linda Briheim-Crookall

So one of the things that that really stands out in the findings is also that different children groups of children in care have different experiences and we need to sort of be mindful of that. So there's differences between girls and boys reporting at different levels of well-being, especially around how you look, but also kind of overarching low well-being is more common among girls.

00:10:52 Linda Briheim-Crookall

But also at placement type really matters, so children living in family based care, so foster care and kinship. Foster care have more positive experiences than children in residential care and supported accommodation, and that that different really stands out, so things like, compared to children in foster care and kinship care were like 8 and 5% report not having a trusted adult in residential care is 14% and the supported accommodation is 18%. And so like almost one in five, don't have the trusted adult in their life.

00:11:36 Linda Briheim-Crookall

Not feeling safe where they live is a higher proportion in those other kinds of accommodation, not trusting the people that they live with is, you know, comes up to that 4543% of the of the children in in residential care.

00:11:55 Linda Briheim-Crookall

The other category that is other sort of other somewhere else, but it's essentially mostly supported accommodation. A few of that kind of hospital or a prison, but mostly kind of support accommodation. So it really, I think that's really stark and and really tells us something about.

00:12:12 Linda Briheim-Crookall

The kind of level of uh, the challenges that those young people face.

00:12:18 James Bury

And I know that's sort of when we sort of were talking about this sort of conversation that was an area you I thought you wanted to bring sort of forward and bring to the forefront so I mean.

00:12:28 James Bury

That that statistic you said about sort of, I think it was, was it around 40%. Did you think that what was what was that?

00:12:34 Linda Briheim-Crookall

Yeah. So.

00:12:36 Linda Briheim-Crookall

So it's so in in support accommodation, 43% don't always trust the adults that they live with.

00:12:45 Linda Briheim-Crookall

And I think you know what we've been doing some work on a kind of policy level. There's the Department for Education have been introducing standards for supported accommodation. And also there's going to be inspecting those setting.

00:13:01 Linda Briheim-Crookall

Things and umm, whilst we sort of really welcomed some of the language of those, uh, that framework that focused more on some of the things that we focus in, the BRACE plus programme, like trusting

relationships and feeling safe and young people's voice, we're really concerned about creating regulations that specifies that it's OK. There's some looked after children.

00:13:22 Linda Briheim-Crookall

Don't need. We need care and and how?

00:13:27 Linda Briheim-Crookall

You know, children are children until they're 18, and there's the kind of what our findings are, things suggest, is that they experience real challenges and that we really need to think about how we support them.

00:13:41 James Bury

Absolutely. And I think, it's been an area of you know quite strong contention in the sector, hasn't it around this and I suppose just from the research, is there anything else from 16- and 17-year-olds that sort of comes through around that that would sort of help some people are listening to?

00:14:02 James Bury

Today, sort of. When thinking about those those children and care.

00:14:05 Linda Briheim-Crookall

Well, I think I think both from our research and our sort of wider participation work, I had a conversation with our participation manager recently who you know who was emphasising how uh young people.

00:14:19 Linda Briheim-Crookall

When they get to that 1617 H, they really they like, they really start seeing the difference between themselves and peers because they're potentially not living in with in a family based environment anymore, whereas the others live with their mom and dad who like, take a great interest in their education.

00:14:40 Linda Briheim-Crookall

Provided ongoing support and then suddenly at like 1617.

00:14:44 Linda Briheim-Crookall

They're having all of this conversation about soon. You're going to be on your own. You're going to need to be independent. You're gonna need to learn all these skills, and there's quite a lot of pressure on that age group. I think to kind of really get yourself prepared for that and and that can be really scary. I.

00:15:01 Linda Briheim-Crookall

Remember seeing a comment in one of our surveys from a young person who said, you know, we talked about homelessness in in school and they said that that caregivers are much more likely to be homeless than other young people, and that made me really scared about what's going to happen when I turn 18. Like, will I end up homeless myself? So, I think it's those kind of challenges and potentially having to kind of move on to benefits or and move out on your own and manage everything independently.

00:15:36 Linda Briheim-Crookall

So I think I think there is a real challenges for that age group.

00:15:41 Linda Briheim-Crookall

And something to think about.

00:15:42 James Bury

I'm just thinking about those 16- and 17-year-olds and 16- and 17-year-olds in caring in general, what were the biggest things for them in terms of lots of factors in their well-being, you know, part of the research what some of the general points that sort of came up.

00:15:58 Linda Briheim-Crookall

So I mean.

00:15:59 Linda Briheim-Crookall

The only we don't, we haven't done an analysis by every single kind of age group. So I think that the thing that you can mostly see is that difference between placement type and knowing that 17 year olds are more likely to be in supported accommodation or residential care and there you can see that.

00:16:18 Linda Briheim-Crookall

The strong differences we also have done analysis that compares kind of the teenagers, so 11 plus secondary school age to the younger children. And I think in both of those things it's about the kind of.

00:16:36 Linda Briheim-Crookall

That movement into independence that they are more likely to be able to practice life skills, they do have a more involvement in their care as they get older. We do see that but they but they also talk about.

00:16:51 Linda Briheim-Crookall

Sort of not being able to do the same things that their friends they might. That might be because of resources, because they can't.

00:16:57 Linda Briheim-Crookall

Access to the Internet or have a mobile phone to communicate with their friends. And they also, you know, friendships are really important. So we get lots of people commenting on the kind of challenges around friendships. When we look at, we are slightly different questions for care leavers and and you know care leavers we ask.

00:17:16 Linda Briheim-Crookall

Who are the people that provide you with emotional support and the number one group? There are our friends. So, you're really laying the foundations for kind of future networks of support.

00:17:28 Linda Briheim-Crookall

Port as young people are in that age group and the kind of things that happen whether you get cut off and one of the things about kind of comments around supported accommodation have been things like I've been placed really far away from my college and my friends and I can't afford the transport or it's really hard to get there. So I don't. I can't see them.

00:17:51 Linda Briheim-Crookall

I I feel I feel, you know, that makes me feel lonely and isolated and.

00:17:57 Linda Briheim-Crookall

I need people to talk to those those kind of things are the kind of things that that get brought up, but that age.

00:18:04 James Bury

And I think, you know, aside from the sort of fundamental sort of principles around sort of.

00:18:08 James Bury

You know.

00:18:09 James Bury

Children in care and receiving care or receiving support that that, it's that sort of the idea around independence, isn't it? There's that sort of and how independent, say, a 16- and/or 17-year-old can be.

00:18:24 James Bury

And it must be quite, you know, it must be incredibly daunting to have to.

00:18:28 James Bury

Try and sort a lot of those things out yourself with, say, less support. And I just wonder if that any of that came through.

00:18:35 Linda Briheim-Crookall

Yeah, absolutely. And I, I think you know they.

00:18:40 Linda Briheim-Crookall

For children who aren't and care, their parents do a lot of things for them and really support them in a whole host of different ways to kind of navigate UM.

00:18:51 Linda Briheim-Crookall

That could have passed into adulthood and I think you see that amongst children in care as well when you when you kind of look into care leavers experience actually the second most important group for them in terms of emotional support are their personal advices. And there's really positive messages around personal advices. So kind of the professional framework can also provide them with.

00:19:11 Linda Briheim-Crookall



Practical support, but also that emotional kind of network that that we get lots of comments from young people who like, you know, they're always there for me, they.

00:19:18 Linda Briheim-Crookall

I can always kind of.

00:19:21 Linda Briheim-Crookall

Reach out to them and they will help me. When I'm in China, so I think I think that's the other thing to think about with the kind.

00:19:26 Linda Briheim-Crookall

Of 16.

00:19:26 Linda Briheim-Crookall

17 year olds of like both trying to provide as much of that parental type support as possible and whilst also recognising that you know they are moving into independence, they need to, but you need to kind of.

00:19:41 Linda Briheim-Crookall

Enable them to do things and and and broaden their networks. And I suppose that there's been debates around.

00:19:49 Linda Briheim-Crookall

Whether you're preparing people for independence or for interdependence, so. So there's something about also, like, how do we really support those wider networks and linking people in? And I know that the government have launched a new fund around.

00:20:09 Linda Briheim-Crookall

Creating initiatives that that can help family finding and reconnecting with important people and defending. And I think you know those kind of things are really important that that age of like.

00:20:20 Linda Briheim-Crookall

Are you thinking about who's going to be that for that child when they're 30 and and can we link them in with those people and really put some effort and resources into that?

00:20:30 James Bury

Absolutely, it's. And it is, yeah. It's that's really interesting that research around.

00:20:37 James Bury

Sort of. The support from the care leavers perceived as who, who are the most important people for?

00:20:42 James Bury

Them when they when they.

00:20:45 James Bury

Have less care and I was just wondering, is there anything sort of having thought about that the research, particularly around 16- and 17-year-olds, is there anything that you know from more research that you thought that professionals could do more to support those young people, young people?

00:21:03 Linda Briheim-Crookall

Yeah. So one of the things I would encourage people to have a look at is on our website. We have uh resource bank where we try to capture some of the.

00:21:12 Linda Briheim-Crookall

Case studies and examples of of things the local authorities have done in response to their findings. So so some of those things are things like both in the Isle of Wight and in Wandsworth, the young people got involved in commissioning of supported accommodation and kind of helped inform.

00:21:33 Linda Briheim-Crookall

What it was that they looked at and looked for in accommodation providers to kind of more meet the needs of young people. So one of the things that kind of stood out in once worth that became a a different focus was they were really keen on.

00:21:50 Linda Briheim-Crookall

Staff training and continuity of staff because what young people said is like when I come back on a Saturday a bit worse where I want to be met by someone who isn't just an agency worker but who knows me and who knows kind of how, how to support me in that situation. So like that that was influential there and I think also kind of.

00:22:10 Linda Briheim-Crookall

Initiatives that that could bring people together could very.

00:22:14 Linda Briheim-Crookall

Uh, simple one. That was from early stages of our research is Isle of Wight established this come dine with me programme which just brought together Kaylee. It was it was an element of kind of preparation for independent in living in the sense that they.

00:22:28 Linda Briheim-Crookall

Got together, cooked a meal together, got the ingredients, some of it from their allotment, and all sorts of things, but also that sense of community that that brought, that they had the that time in the week where you were coming together. You were seeing each other. You were building your networks and also, you know, doing something communal together.

00:22:49 Linda Briheim-Crookall

Uh, so I think I think those kind of things are really positive kind of providing opportunities for for young people to build their relationships and.

00:23:00 James Bury

And it's really interesting. It's sort of that the findings, so sort of like 1 aspect is that sort of code design which is fundamentally listening to young people and then sort of like working with them alongside them to actually do something which is for them and works for them. And the other thing is just about this relationships which actually when you look at a lot of research around.

00:23:20 James Bury

Sort of. well-being in general relationships if you know it, it seems really obvious, but it is it's about relationships and something encouraging people to have good relationships or fostering good relationship.

00:23:32 Linda Briheim-Crookall

And that's a key thing. You know, between workers and young people, you know, take the time to listen to them, understand what makes their lives good, developing those trusting relationships, you know, are that's that core message from the bright spots programme in terms of how important that is being able to get hold of your worker.

00:23:52 Linda Briheim-Crookall

Knowing that you know you can talk to them on their own and you know if you have challenges like who do you turn to those those kind of things?

00:24:00 Linda Briheim-Crookall

And I think also around.

00:24:04 Linda Briheim-Crookall

When you're having those conversations, you can find kind of individual solutions to particular situations. You might not be able to change where a young person lives, but you there may be things that you could do to make them feel safer in that situation. Again, on the kind of curly but example, but sort of linked to especially kind of the 1617 year olds who might be moving into independent living in in Stockport.

00:24:26 Linda Briheim-Crookall

One of the things that that they were really concerned about was the number of care leavers who reported that they didn't feel safe, where they lived and they had conversations about like how can we address this. And one of the things.

00:24:36 Linda Briheim-Crookall

That, they suggested was.

00:24:39 Linda Briheim-Crookall

And we have a ring doorbell. You know, one of those doorbells where you can see who's at your door and and and choose to let them in or not. And. And that was introduced and, like, made a lot of the

young people feel much safer where they lived and kind of they're more in control of the setting. So sometimes you may not be able to change.

00:24:59 Linda Briheim-Crookall

Everything but a small investment can kind of improve things for individual young people.

00:25:06 James Bury

Yeah, and. And I suppose sort of like linking into that sort of relationships. How did bright spots, you know, in, in terms of developing relationships with young people to actually be able to respond to the?

00:25:16 James Bury

Survey how.

00:25:17 James Bury

How did that work impacts and was only feedback from young people about engaging with the right sports programme?

00:25:23 Linda Briheim-Crookall

So it's very much.

00:25:24 Linda Briheim-Crookall

Driven and like the way that the response.

00:25:27 Linda Briheim-Crookall

And works is that it works on a local basis, so we facilitate.

00:25:31 Linda Briheim-Crookall

Local authorities to engage with their young people. Obviously when we first developed the surveys that then we work directly with young people and we had focus groups and sessions and workshops to kind of think about, what are the things that are important to you? How are we going to like best capture things? But it's really at that local level that the local authorities are asking their own.

00:25:52 Linda Briheim-Crookall

Children, how they feel about their lives, and then they do kind of invest in, in, in responding and developing initiatives that.

00:26:03 Linda Briheim-Crookall

That work for them so that so that there is that I think one of the things that young people really said when we were developing the survey is don't ask US questions if you're not going to do anything about it because we're not, you know, so that that is a really important part of it. And then there's been a sort of bonus almost for us that because we've done it in so many different places.

00:26:24 Linda Briheim-Crookall

And with so many different local authorities, we get this national picture of what, what the experiences are like and what they have. And I think the best you know, the most positive feedback and I think that seems to work best for young people is where you then have the kind of Co.

00:26:38 Linda Briheim-Crookall

Production approach to developing.

00:26:43 Linda Briheim-Crookall

The solutions to it and when they can see those things happening that is really empowering. We had a a, a more involved project called New Belongings which was about sort of trying to embed that Co production and approach and using our our our surveys to to explore.

00:27:02 Linda Briheim-Crookall

The experiences of care leavers, and I think from what young people said about their experiences of that was it was very much.

00:27:11 Linda Briheim-Crookall

One understanding how decisions are made and what how they can influence things and and when you feel heard it just it just kind of shifts your perception of yourself, your perception of of what you can achieve and where you can go. So there's just just just the kind of Co production process in itself give gives.

00:27:30 Linda Briheim-Crookall

Gives young people so much, so you know, we definitely sort of champion that across and.

00:27:35 James Bury

And I fully appreciate that about bright spots. And it's really interesting to sort of enable you by.

00:27:41 James Bury

And conducting surveys sort of enabling these local conversations to occur with a sort of a view to them sort of changing practice on the ground, which is, yes, hugely powerful.

00:27:53 Linda Briheim-Crookall

And we definitely say that, you know, if Bruce Sports programme was the only way that you've heard from young people, I would be really worried because, you know, it's a snapshot. It tells it the benefit of it is that you do it at one point in time, you can potentially.

00:28:06 Linda Briheim-Crookall

Reach a much.

00:28:08 Linda Briheim-Crookall

A larger number of your young people than, say, children in care councils work with 1020 young people. The surveys you know, reads hundreds of young people in in, in an individual local authority and really

gives the kind of overarching perspectives. Some of our authorities have had, like 80% response rates. So that gives you like a really.

00:28:28 Linda Briheim-Crookall

A good snapshot, but it's a survey, so there's only, you know it. We do have qualitative things. People do get quotes and things.

00:28:36 Linda Briheim-Crookall

But you really need to sort of dig into some of the particular experiences when to think about how you can respond to that. So we want it to be complemented by other ways of listening to young people. And I think another thing that's been really positive is where local authorities have used.

00:28:52 Linda Briheim-Crookall

Some of the types of questions or some of the themes and kind of embedded them in practice. So focusing more around like friendships in their individual care planning.

00:29:04 Linda Briheim-Crookall

Or personal education plans and those kind of things talking about bullying in school? Well, you know. So. So thinking about some of the things that that we focus on, but it embedding it across the different areas of work.

00:29:19 James Bury

And just I mean.

00:29:20 James Bury

Just thinking about sort of bright spots sort of from now, what's the sort of next steps with bright spots, what you've, you've obviously published these reports, you've produced this, that these, you know, really powerful findings.

00:29:33 James Bury

What's happening now?

00:29:34 Linda Briheim-Crookall

So it's an ongoing programme local authorities can approach us, we work with local authorities about 1520 different local authorities every year and certainly would encourage anyone who's interested to get in touch with the team and explore that. We also are looking at the moment just about how.

00:29:55 Linda Briheim-Crookall

But I our latest research report was over 100 pages. I don't expect most people to sit down and read that cover to cover, but how can we share the messages from that our audiences or with particular or focusing on a particular theme? So we've done some work last year we we produced a report called.

00:30:15 Linda Briheim-Crookall

Being connected, which was looking at the sort of particulars of how children and young people feel about.

00:30:23 Linda Briheim-Crookall

Connection with family and the people who are important to them and we're doing a small pilot with three local authorities around. How can we sort of explore that particular topic in more detail and how can they develop some action plans to respond to what their young people say about staying connected and some interesting things around?

00:30:43 Linda Briheim-Crookall

Are focusing on particular groups of young people like children in residential care and also around kind of particular?

00:30:52 Linda Briheim-Crookall

Areas of work.

00:30:54 Linda Briheim-Crookall

So, like contact with siblings for example, and then we're also doing some work this year around.

00:31:02 Linda Briheim-Crookall

Some messages for schools.

00:31:04 Linda Briheim-Crookall

And delving a little bit more deeply into the experience.

00:31:09 Linda Briheim-Crookall

Of Kelly with disability.

00:31:12 James Bury

So yeah, there's a lot, a lot that you're covering, but that sounds all sounds really, really fascinating and sort of look forward to hearing more as that comes out. I suppose we're sort of coming towards the end. Is there any sort of like final thoughts or sort of like concluding thoughts or anything you'd want the listener to sort of go away with sort of thinking about the research that you've produced or anything we've talked about today?

00:31:34 Linda Briheim-Crookall

Well, I think I think the overarching message from the programme, this sort of approach that we come from is that children, young people, are experts in their own lives and they're.

00:31:46 Linda Briheim-Crookall

Really important in terms of thinking about how you design the care, how you support them. So you know I I would encourage your practitioners to take the time to listen to children and young people

about the things that make their lives good, asking them about their relationships, about their friendships, where they live and explore.

00:32:06 Linda Briheim-Crookall

To gather the things that that would help them make sure that they feel safe and settled where they live and that they have those trusting and supportive relationships in their lives.

00:32:16 James Bury

Brilliant. And just to add to that, I would just encourage any practitioner just to have a look at the summary, because I think within that you just get the key messages you get to see just some really interesting.

00:32:27 James Bury

Things that young people at themes that young people say are important to them, and I think it most practitioners will look at that and I think it might change bits of their practise or things that they might choose to say or think about young people. So that's the other thing. So have a look at the summary. You'll get something from it.

00:32:42 James Bury

But yeah, that's great, Linda. And I think that's it for, for, for now, but it's been for me, it's been really fascinating listening to you. I've learned, I've talked this some of the statistics you said about 16 and 17 year olds, I hadn't fully appreciated about the difference in placements. I think that is really useful.

00:33:02 James Bury

I'm going to look go in, have a look at. Look at those again. We'll look at them fresh. Really. So that's something that I will be looking at, but yeah. Thank you so much. Is there any?

00:33:12 Linda Briheim-Crookall

Thank you so much for having me. It's been really useful conversation.

00:33:17 James Bury

Brilliant. Thanks a lot.