
Recommended reading on physical and mental health

'Adoption & Fostering' journal articles

'[Adoption & Fostering](#)' is the only quarterly peer-reviewed journal dedicated to adoption, fostering and kinship issues. Dr Dennis Golm, our Editor-in-Chief, has selected some articles that sit within today's topic:

- [Editorial: A call to action: The need for routine mental health support for care-experienced children and young people](#)
- [Neurodevelopmental problems in adulthood following severe early deprivation: A qualitative analysis of clinical needs and service user experiences](#)
- [A Compassion-Focused Therapy group for young people who live in foster, adoptive or kinship care: Initial development, reflections, and ways forward](#)
- [Care-experienced young people's reflections on their relationship to and use of alcohol: A qualitative exploration](#)

In our bookshop

Jo Francis (Publishing Manager) has chosen key titles from our bookshop to give you an opportunity to delve deeper into today's themes and topics:

- [Parenting Matters: Parenting a child affected by self-harm issues](#)
- [Parenting Matters: Parenting a child with eating and food issues](#)
- [Parenting Matters: Parenting a child with sleep issues](#)
- [Parenting Matters: Parenting a child with toileting issues](#)
- [Caring for children who have experienced domestic violence](#)
- [Working with children who have experienced neglect](#)
- [Supporting the mental health of looked after and adopted children](#)
- [Promoting the health of children in public care](#)
- [Dealing with Foetal Alcohol Spectrum Disorder](#)
- [Spark learns to fly](#)