

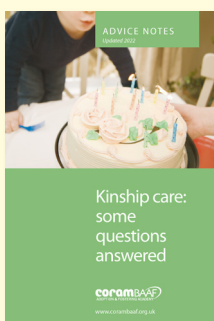
# READ ABOUT kinship care!

Are you, or are you about to become, a kinship carer? Want to find out more about what this could mean for you and your family? Looking for ideas and guidance to help you parent a child in your care? Whatever your situation, CoramBAAF has a wide range of books, guides and other resources to provide you with all the information, insight, advice and support you need.

**coramBAAF**  
adoption • fostering • kinship

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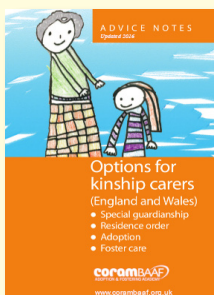
## Before you read anything else – read these first!



### **Kinship care: Some questions answered**

This short, clear Advice Note explores kinship care (also sometimes called family and friends care, or connected persons care). It provides basic, easy to understand facts for those who may be thinking about looking after a child in this situation.

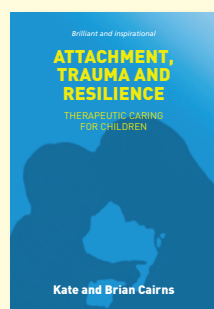
**£2.50** 16pp



### **Options for kinship carers (England and Wales)**

This short, clear Advice Note explores the different options available for those looking after children in a kinship care situation. This includes details about special guardianship orders, kinship foster care and adoption, and what these options may mean for the child and your family.

**£2.50** 16pp



### **Attachment, trauma and resilience**

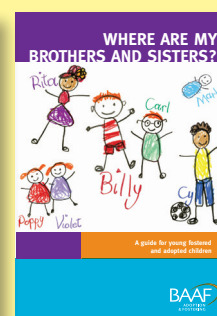
In this remarkable book, Kate and Brian Cairns draw upon their personal and professional experience to offer an insight into the realities of family life with children who have lived through overwhelming stress. Vividly described scenarios show how they responded to the children's powerful feelings and difficult behaviours following their experiences of attachment difficulties, loss, abuse and trauma.

**Over 27,000 copies sold**

**£19.95** 242pp 2016 (2nd edition)  
ISBN 978 1 910039 35 9

★ **BESTSELLER**

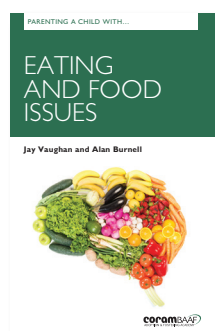
**For the child coming to live with you**



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# The Parenting Matters series

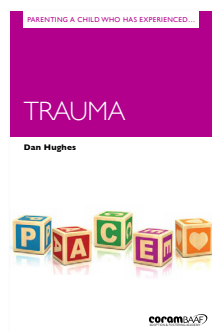
This unique series provides expert knowledge about a range of children's health conditions, coupled with facts, figures and guidance presented in a straightforward and accessible style. Parents and carers also describe what it is like to parent an affected child, "telling it like it is", sharing their parenting experiences and offering useful advice.



## Eating and food issues

Examines the often complex underlying reasons for eating issues in children who are fostered, adopted or in kinship care, and how these may be connected to earlier experiences of abuse, neglect, loss and separation. It also considers how best to diagnose, manage and treat this issue.

**£10.95** 132pp 2021  
ISBN 978 1 913384 05 0

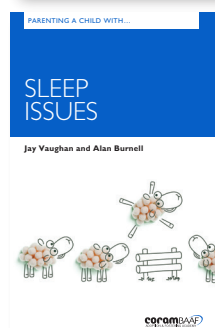


## Trauma

Examines what constitutes trauma in childhood, including its symptoms at various developmental stages, prognosis and treatment. The guide outlines parenting tasks and how you can use the popular PACE approach, addresses specific educational and social issues and answers a range of frequently asked questions.

★ **BESTSELLER**

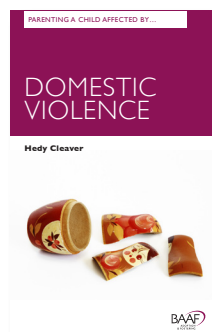
**£9.95** 90pp 2016  
ISBN 978 1 910039 50 2



## Sleep issues

Examines the often complex underlying reasons for sleep issues in children who are fostered, adopted or in kinship care, and how these may be connected to earlier experiences of abuse, neglect, loss and separation. It also considers how best to diagnose, manage and treat this issue.

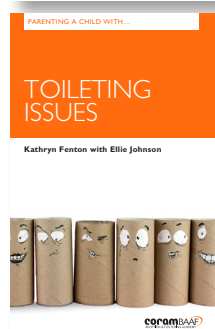
**£10.95** 100pp 2020  
ISBN 978 1 910039 99 1



## Domestic violence

Explains the effects of domestic violence on children at various developmental stages – describing how these may manifest in behaviour, educational attainment, emotional development and relationships. Considers the challenges that kinship, foster and adoptive families face and what they can do to help children recover.

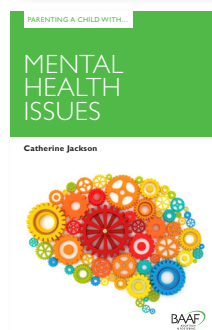
**£12.95** 96pp 2016  
ISBN 978 1 910039 31 1



## Toileting issues

The first half of the book examines the often complex underlying reasons for toileting issues in children who are fostered, adopted or in kinship care, and how these may be connected to earlier experiences of abuse, neglect, loss and separation. It also considers how best to diagnose, manage and treat this distressing issue.

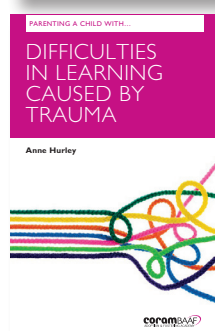
**£10.95** 112pp 2019  
ISBN 978 1 910039 80 9



## Mental health issues

Explains mental disorders generally and how they may manifest in children. Outlines the risk of mental disorder in a child from a family with a history of mental health issues, and the factors (genetic and environmental) that can put these children at greater risk. Explores what is known about the physiological processes that may explain a child's behaviours.

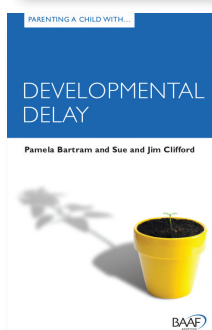
**£10.95** 108pp 2012  
ISBN 978 1 907585 43 2



## Difficulties in learning caused by trauma

Examines the often complex underlying reasons for learning difficulties in children who are fostered, adopted or in kinship care, and how these may be connected to earlier trauma and disruptive relationships. It also considers how best to diagnose, manage and treat this issue.

**£10.95** 124pp 2021  
ISBN 978 1 913384 14 2



## Developmental delay

Provides an explanation of developmental delay and how this can affect a child's gross motor and fine motor skills, as well as the development of language and understanding, and social and emotional behaviour. Explores the issues developmental delay can raise with regard to educational provision and how to get help.

**£12.95** 100pp 2013  
ISBN 978 1 907585 70 8

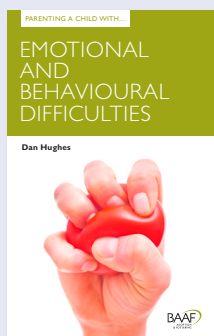


## Self-harm issues

This guide looks at self-harm in children and young people who have been fostered, adopted or had a difficult early life. It explores the links between early trauma and self-harm, how self-harming behaviour may manifest, and what it may tell us about children's underlying emotions and neurobiology.

**£10.95** 100pp 2022  
ISBN 978 1 913384 16 6

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### Emotional and behavioural difficulties

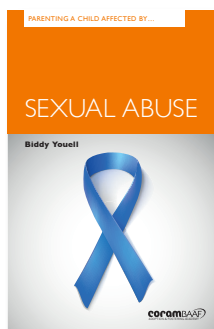
Explains emotional and behavioural difficulties and their symptoms, prognosis and treatment, with a particular focus on children in kinship, foster and adoptive families. Examines the different ways in which emotional and behavioural difficulties can affect child development; the issues these conditions raise with regard to educational provision and how to get help.

**£10.95** 104pp 2012  
ISBN 978 1 907585 60 9

★ **BESTSELLER**

*'The author's [Dan Hughes] knowledge and experience about the subject is manifest but he also has the skills to make the theory and concepts accessible, relating them to everyday life with troubled children...encourages a deeper understanding of behaviours, rather than merely providing management techniques.'*

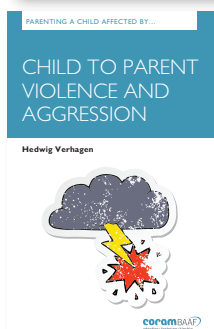
**Catherine Webley**, independent social worker and children's guardian, *Seen and Heard*



### Sexual abuse

Addresses the long-term effects of sexual abuse and how experience in the kinship, foster or adoptive family can support recovery and healthy development. Includes useful information on child sexual development, the knowledge and insight that have been gained from adult survivors, and accounts of what it is like to parent an affected child.

**£9.95** 89pp 2016  
ISBN 978 1 910039 45 8



### Child to parent violence

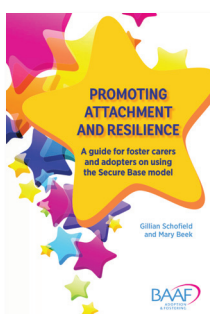
Explores what child to parent violence is, how it can manifest at different ages and stages, and why it can occur, with a particular focus on children in kinship, foster and adoptive families. Provides authoritative guidance on what carers and workers can do to address this issue and help the child to respond to challenges in a more positive way.

**£12.95** 100pp 2023  
ISBN 978 1 913384 19 7

*'Authoritative, clinical guide... in straightforward language.'*

*Foster Talk magazine*

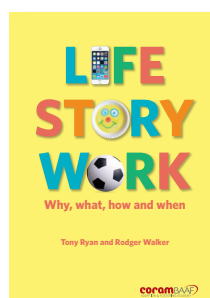
## Supporting your child



### Promoting attachment and resilience

The Secure Base model is a popular approach to caregiving based on theories of attachment and resilience. It provides a valuable framework for making sense of children's needs and behaviours and sets out the dimensions of care that can support children to thrive and fulfil their potential. This guide to using the Secure Base model supports carers to offer sensitive care for children who have experienced trauma and loss. Associated video clips are available online.

**£17.95** 80pp 2023 (2nd edition)  
ISBN 978 1 913384 23 4

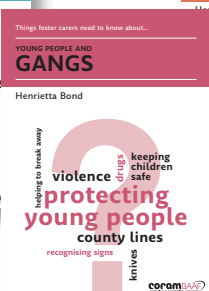
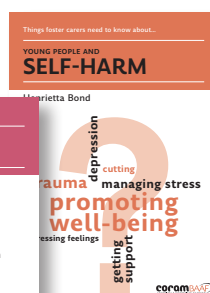


### Life story work

This practical guide presents a rich assortment of useful techniques and exercises to help children understand their past experiences. Life story work can help children to accept what has happened to them and move forwards positively into the future with a structured and understandable way of talking about themselves.

**£19.95** 158pp 2016 (4th edition)  
ISBN 978 1 910039 41 0

## Things carers need to know



### Things carers need to know

In today's world, foster and kinship carers may have to respond to a wide range of sensitive and difficult issues that their children or young people may encounter. As a carer, you may find these subjects hard to discuss, have little personal experience of them, or not know how best to approach them. This series of informative and accessible pamphlets will enable you to broach sensitive topics, respond to your child's difficulties, recognise if your child is exposed to problematic situations, and safeguard and support them.

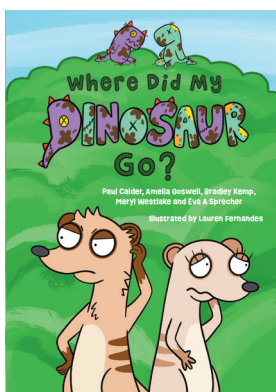
These pamphlets focus on gangs, internet safety, radicalisation, self-harm and sexuality.

**£4.00 each**  
**£15.00 full series**

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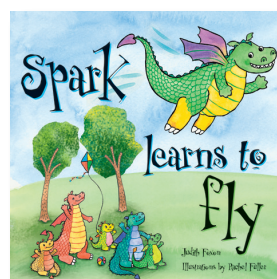
# Stories to share with your child



## Where did my dinosaur go?

The meerkats Mia and Kit don't like their new home, new routine, new bedroom and new foods. But when they stay with Becky, they discover that a new home can be OK, and sometimes it's alright to trust new people. A warm tale of learning to feel at home and the importance of trust. A guidelines booklet is included to help readers and children get the most out of the story.

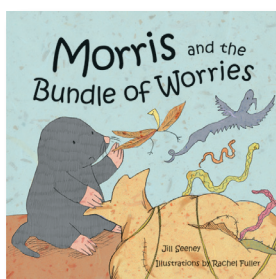
**£13.95** 36pp 2024  
ISBN 978 1 913384 28 9



## Spark learns to fly

Spark the dragon lives happily with his parents and baby sister, until his mum and dad start fighting. When the children get injured, they have to go and live with another carer, who helps them understand the situation and come to terms with their painful emotions. This engaging book looks at the issue of domestic violence and what this could mean for children.

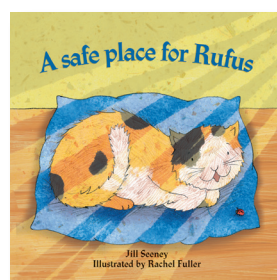
**£9.95** 20pp 2007  
ISBN 978 1 905664 18 4



## Morris and the bundle of worries

Morris has a big bundle of worries. They fill up his bedroom so he can't sleep and Morris doesn't know what to do. One day he finds a friend who helps him realise that problems are easier to deal with when you've got someone to talk to. This book explores the importance of sharing worries and thereby learning to manage them.

**£9.95** 22pp 2007  
ISBN 978 1 905664 31 3

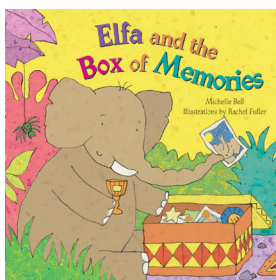


## A safe place for Rufus

Rufus the cat lives with a family who look after him. He feels happy and safe, especially when lying on his favourite cushion. But he didn't always feel this way. Thinking about his past makes him angry and sad and Rufus struggles to escape from his memories and find a safe place where he can relax and be himself. This book for children, aged 4-8 years old, explores the importance of feeling safe.

**£9.95** 20pp 2012  
ISBN 978 1 907585 45 6

## ★ BESTSELLER



## Elfa and the box of memories

Elfa the elephant carries her precious memories around in a brightly coloured box. When she discovers that some of them are missing she sets out to revisit some of the key people, places and events in her past to recapture her lost memories. Elfa reminds us that all memories, good or bad, help us to remember our life story.

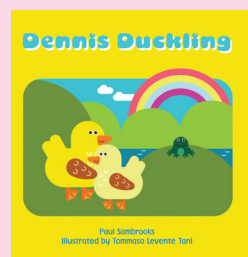
**£9.95** 24pp 2008  
ISBN 978 1 905664 42 9



## Picnic in the park

Using the device of a birthday picnic, this vividly illustrated book introduces children to a range of family structures including: two- and one-parent families; kinship, adoptive and foster families; gay and lesbian families; and step-families. It also shows a diverse range of adults and children.

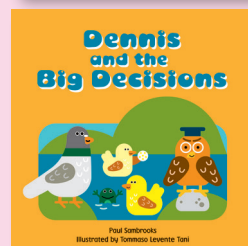
**£9.95** 22pp 2007  
ISBN 978 1 905664 08 5



Dennis the little duckling is sad because he and his sister have to leave their mum and dad as they can no longer look after them. This mini-series (for ages 2-5) explores different aspects of the care experience – going into care, decision-making about children in care, returning home, and kinship care – and can be used flexibly depending on where a child is living.

## Dennis duckling

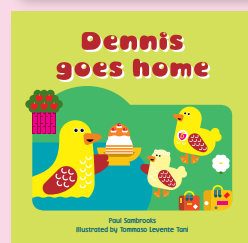
**£11.95** 2009  
ISBN 978 1 905664 77 1



## Dennis and the Big Decisions

## Dennis and the big decisions

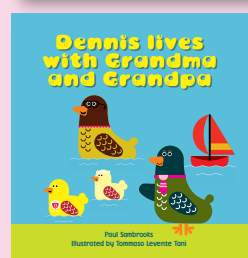
**£11.95** 2011  
ISBN 978 1 907585 17 3



## Dennis goes home

## Dennis goes home

**£11.95** 2014  
ISBN 978 1 910039 11 3



## Dennis lives with Grandma and Grandpa

**£6.95** 2016  
ISBN 978 1 910039 38 0

## Advice for private fostering

